Cincinnati 2017

March 31-April 1st

Cincinnati OH

**What to Bring:**

* **Uni**
* Skin. If you don’t have a skin, bring black Under Armour.
* Grey OU crew shirts
* Black sports bras
* Black spandex (if it has a small Nike or Under Armor logo that’s fine)
* OU ID (in case they do checks at the Regatta)
* Other athletic clothing
* Running shoes
* SOCKS
* COX BOXES!! **CHARGED!**
* **Rain gear**
* Water bottle
* Snacks
* Sunscreen
* Sunglasses/Hat
* First aid supplies
* Cash for Regatta for swag and food!
* Phones. Take lots of pictures!
* HOMEWORK (you can always be productive)
* **Sleeping stuff for Friday night**
	+ **Pillow**
	+ **Blanket/sleeping bag**
	+ **Toiletries**

**Weather:**

|  |  |  |
| --- | --- | --- |
|  | **Friday** | **Saturday** |
| **High** | 63 | 63 |
| **Low** | 49 | 44 |
| **Rain** | 60% | 20% |
| **Description** | showers | cloudy |

|  |  |  |
| --- | --- | --- |
| Paige’s car | Erin/Sydney’s car | Sedan 1 |
| Megan | Annabelle | Natalie |
| Bailey | Tiana | Maddie |
| Jacqueline | Kelly | Sam |
| Vasel | Cheyenne | Erin Baker |
| Marie |  | Caroline |

|  |  |
| --- | --- |
| Sedan 2 | Sedan 3 (leaving at 6) |
| Zoe | Jeannie |
| Malea | Wendy |
| Helaine | Emma |
| Jordan | Abbey |
| \*carly on the way back | Bridget |

Alexis and Keenan in truck

People traveling back on their own: Alexis, Helaine, Maddie, Bailey

**Itinerary:**

**Friday March 31st**

**4:30 p.m.** – cars leave for Erin’s

**6:00 p.m.** – late car leaves for Erin’s

**7:30 p.m.** – cars get to Erin’s and make dinner

**9:00 p.m.**  - late car reaches Erin’s

**10:30 p.m.** - lights out!

**Saturday: April 1st**

**5:30 a.m.** – rise and shine!

**6:00 a.m.** – leave erin’s

**6:30 a.m.** -- arrive at the race course

**7:00 a.m.** –coaches and coxswains meeting

**Addresses:**

Erin’s house:

7693 Morris Road, Hamilton OH 45011

Race course:

Lake Harsha at East Fork State Park

**3294 Elklick Road, Bethel, OH 45106**