

SAVE THE DATE

FEBRUARY 19TH



ALL SCHOOL
REPRESENTATIVES
ARE INVITED

“WE CAN’T MAKE
KIDS SMARTER, BUT
WITH IMPROVED
NUTRITION AND
PHYSICAL ACTIVITY
WE CAN PUT A
BETTER STUDENT IN
THE CHAIR.”

—ROBERT MURRAY, MD,
PROFESSOR OF NUTRITION, THE
OHIO STATE UNIVERSITY

SCHOOL WELLNESS TEAM TRAINING

Please join us for a full day of free training! (Lunch included)

Topics for the training will include:

- Making the Case for Healthy Schools
- School Wellness Policy 101
- How to Create a Healthier School Food Culture
- How to Add More Activity into the School Day
- Assessing Your School’s Wellness Environment
- Developing and Implementing an Action Plan

Location: Columbus Public Health Department

BECAUSE HEALTHY
KIDS LEARN BETTER

PRESENTED BY
ACTION FOR HEALTHY KIDS

Agenda and Registration
Info to Follow

Questions:

koconnor@actionforhealthykids.org

