



OAFCS District B Fall Meeting

MUSTARD SEED MARKET has coordinated with OAFCS District B to provide our guests with a presentation on “Gluten Free and Sugar Free Living.” At this seminar, you will learn how gluten and sugar contribute to prominent illnesses such as diabetes and high blood pressure. Learn strategies to swap them out of your diet, simply and easily, and pass this information on to your students, communities, and families!

Date: Tuesday, October 15, 2013
Time: 4:30 pm-8:00 pm
Cost: Members - \$25; Guests - \$35; students - \$15 (includes dinner buffet)
Location: Mustard Seed Market
3885 West Market Street
Akron, Ohio 44333

Please mail registration (attached) by October 10th to:

Lynn Gilbert: 2429 Timothy Knoll Lane, Poland, OH 44514

Questions: Contact Alissa Brumbaugh, District B President at 330-933-7514 or alissabrumbaugh@gmail.com

District B Meeting
Tuesday, October 15, 2013

4:30 pm – Registration
5:00 pm – Welcome, Dinner
5:30 pm – Business Meeting
6:00 pm – Presentation of Awards, Adjourn District B Meeting
6:30 pm – Mustard Seed Presentation



OAFCS District B Fall Meeting
Tuesday, October 15, 2013
Registration Form Due Thursday, October 8

Name(s) _____

Address _____

City, State, Zip _____

Phone _____ Email _____

_____ # of members attending @ \$25 \$ _____

_____ # of guests attending @ \$35 \$ _____

_____ # of students attending @ \$15 \$ _____

Amount enclosed \$ _____

Please indicate any special dietary needs or any needs for special accommodations: _____

Are you applying for PDU's? ____Yes ____No

Return Registration Form with check payable to "OAFCS – District B" by Thursday, October 10, 2013:

Lynn Gilbert (lynn.gilbert@neomin.org, 330-719-1122)
2429 Timothy Knoll Lane
Poland, OH 44514

