

EMERITI NEWS

OHIO UNIVERSITY

Letter from Our President

While having my teeth cleaned recently, I began to wonder how many people in this world have this service or any other of the many services and opportunities available to me without any question. Is it just a matter of good or bad luck, an accident of birth or, in some cases, making good or bad decisions? I suppose it is only natural for me or someone else to accept what happens in life as unquestioned. This is life as it is. Some take a fatalistic approach and conclude that our fortunes and misfortunes are preordained by some higher power and therefore, we have no control over them. Others feel that we contribute to them through individual and collective behavior. And current events in Texas brought this question closer to home. We may build a house in a dangerous place or take a chance on an undesirable choice. Or our city leaders paved over too many places in town so that flooding waters cannot soak into the ground. With a few exceptions, we in Athens have lived very fortunate lives. We have much to be thankful for. We are born into a society that has developed many ways to

make our lives very happy. Surely, it is not perfect, but, all in all, our lives aren't bad. Of course, we need to take care of ourselves, as I was doing when I got my teeth cleaned, and be prepared as best we can for what unforeseen event may happen. As is so often said by people as they greet us, "Have a good day." Our circumstances will determine how good a day it will be. *Alan Boyd*

Advice to New Inductees

There is a post going around on Facebook saying, "Life is short. Eat dessert first!" At the luncheons it's always wise to get dessert first, while you have a selection. If you wait till you've finished your meal you might regret it. Either the only thing left is what you really do not want or nothing at all is left.

While we're on the subject of luncheons, remember that you need to notify Tom Franz (franz@ohio.edu) by the second Thursday of the month that

you will be attending on the third Thursday. You can register with him as an every-time attendee, which eliminates the need for monthly notification. If you choose that route, however, you need to notify him on those rare occasions that you *can't* make it (or you will be charged the standard \$15.).

Emeriti Park: Now and Next Year

If you have visited Emeriti Park or driven by it on Campus Drive, you've seen the construction activity in the park and under Campus Drive. This replaced several failing culverts that drained the Emeriti Park lake overflow into the grassy spillway leading to the Hocking River. The project began last May and will continue into November this year. The culvert replacement is complete and the roadway and sidewalks restored; however, replacement of the park's vegetation and brickwork for the south overlook remains to be completed and will have begun about the time you read this

Once the Park's south overlook is done, a new project begins – installation of the Carlson Information Kiosk between the south overlook and Campus Drive. This joint venture of the Emeriti Association and Ohio University began three years ago with seed money from a bequest of Charles Carlson, a major influence in the creation of Emeriti Park and the longest-serving president of the

Emeriti Association. This electronic kiosk, dedicated to Carlson, will provide such information as the names of all university emeriti, a pictorial history of the park's creation, policies for park use and names of those financially supporting the park in some manner.

A too-small-group of emeriti meet each Wednesday from March through October to give an hour's time to park maintenance. Consider joining us. *Richard Dean, OU/Park liaison.*

Conumdrums

Here's one: Why do jaywalkers scamper across the empty lane ahead of you and then just stroll across the one in which you are driving

Blood Pressure Clinics

These free clinics occur each Wednesday from 12:30 to 1:30 in the nurse's station in the Senior Center in the Athens Community Center. Stop in regularly to keep tabs on your blood pressure.

The clinics are offered by The Laurels.

Also Health Oriented

The Silver Sneakers Program at the Athens Community Center is a treasure. It is available to most of us through Humana, but you need to check with the main desk because some policies do not cover Silver Sneakers (though the ones that DO cover don't actually care what color your shoes are).

The program allows free access to the walking track, all that scary equipment on the first floor and the stationary bicycles and rowing machines on the second level.

In addition to walking almost every morning, I've just begun an exercise class. There is one in the morning (I'm not sure of the days it is offered) and the one I attend, from 2-3 p.m. on Wednesdays.

The Silver Sneakers Program is available to us Monday through Friday, but not on weekends.

Emeriti Board Members

President -- Alan Boyd

Vice President and Program Chair -- Art Marinelli

Secretary – Doug Baxter

Treasurer – Leslie Fleming

Membership – Margaret Thomas

Benefits – Karen and Richard Vedder

Emeriti Park – Richard Dean

Historian – Joanne Prisley

Nominations – John Howell

Website – Joe Essman

Newsletter – Patricia Black

What Do You Do After You Retire?

Some people say they were born to shop. I was born to retire.

My working life was interesting but it was also restricting – work dictated where I had to be when and what I was expected to do. Retirement freed me from that. I was a transportation volunteer with the local VA, I was able to take a daytime poetry workshop and from there joined with fellow attendees to form the Athens Poetry Group. Growing out of that, I joined the Ohio Poetry Association and have branched out to giving public readings throughout Ohio. With a group of friends I regularly go up to Wooster for three days and two nights for The Ohio Light Opera and tasty meals at interesting restaurants. I could go on and on. I was born to retire.

How about you? Send me (plhb01@hotmail.com) an account of what retirement has offered you.

Obituaries

Pugh

Dr. Dwight A. Pugh died at his Athens home on August 29, 2017. A retired professor of finance at Ohio University, he was also a significant member of the business communities of Athens and Wellston, Ohio, owning and operating such businesses as The Baron's Men's Shop, Porter House Restaurant and Harvey's Sports Bar

Lane

Beverly B. Lane, wife of Raymond O. Lane, dies September 10, 2017, at OhioHealth O'Bleness Hospital in Athens. Beverly and Raymond, married for 68 years, had three sons, six grandchildren and eight great-grandchildren. An enthusiastic reader, Beverly was an active member of her book club.

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