

## From the President. .

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*Greetings Alpha Chapter,*

*As we prepare to end winter quarter, I pause to reflect on the many accomplishments of the Alpha Chapter this year, along with the major tasks we have ahead of us. This quarter, we "Walk(ed) for the Homeless", sold brownies and hot cocoa in McCracken and grilled cheese sandwiches on Court Street, nominated several faculty and students for national awards, hosted an advocacy training, organized a Supervisee Workshop, applied for SAC funding, hosted a SafeZone workshop, and the list goes on....And to think, all of this was accomplished in in conjunction with our other commitments as graduate students - full course loads, GA's, studying, internships and other employment, presenting at conferences, teaching, publishing manuscripts, not to mention the time we spend with friends and family. I am grateful to have such a wonderful Executive Board and faculty advisor who truly gives their all to make sure the Alpha Chapter lives up to its name. I appreciate the dedicated members (and soon-to-be members), but would especially like to thank Amber Casey, Marcia Gase, and Eric Beeson. These three individuals deserve special recognition for going above and beyond! They have exhibited a strong level of commitment and dedication and are always willing to offer an extra hand (or two).*

*As we prepare for our two biggest events (the Annual Induction Banquet and Sue Apple 5k Run/Walk) this spring, I encourage each of you to find maybe one or two hours each month that you could set aside for Chi Sigma Iota. Although professional affiliation looks good on a resume or CV, there is much to be gained from participating in our professional development, service, fundraising, and social activities. In a competitive job market, employers are always looking to hire individuals who exhibit leadership skills, are self-starters, and are effective multi-taskers. CSI provides you with the opportunity to sharpen those skills and MORE!*

*I regret not participating in CSI during my master's program. I would encourage all students in our program to join and get plugged in to a professional organization of their choice. Even if you do not choose CSI, I encourage you to join ACA and OCA, and a few divisions, based on your interests. As Dean Middleton once said, it is important that students begin to establish a pattern of leadership and involvement. This is the best way to prepare ourselves for success in our chosen professions.*

*I look forward to an awesome spring quarter. Join us as we continue to make an impact in the Athens community, in the state of Ohio, and nationally. We truly cannot do it without you.*

*Best wishes for a successful future,*      *Natalie F. Williams, M.S.*

*Doctoral Student*

*President- Chi Sigma Iota, Alpha Chapter  
Ohio*



## Be Thyself: Counseling through The Eyes of Dr. Yegan Pillay

**By Chrissy Ward and Kayla Thompson**

If you walk by a classroom and it is full to the limit but still quiet enough to hear a pin drop, you would know you walked by the classroom of Dr. Pillay. This South African born professor loves to teach. He sees all of his students as diamonds in the rough who come to the program with preexisting skills; like a diamond, when the skills are polished it brings out the inherent shining strengths in students. When talking about why he chose to train counselors, he said he realized he can only help about five clients a day in the clinical setting but by teaching students he is able to serve so many more clients vicariously through the students serving their own clients. He believes that counselors need to have many different tools in their “toolbox.” In other words what works for one client may not work for another and counselors need to be flexible.

Dr. Pillay has earned a number of degrees. He has a Bachelor of Arts in Psychology and Sociology from the University of the Western Cape in South Africa. He has an Honours Degree in Psychology also from the University of the Western Cape. He has a Master’s of Education and a Doctorate of Philosophy in Counselor Education from Ohio University.

He became a professor at Ohio University in 2006. As two of his students it is very clear to us his love for teaching and the joy he finds in his work. He has a very relaxing style of teaching that makes it an experience to be fortunate enough to be in his class. His excitement to see the development of his students’ growth is easy to observe. He is always open to students’ opinions. Teaching is so much a part of his life that even while answering questions during the interview for this article he was slipping into the “teacher” role.

Dr. Pillay has had many accomplishments to his credit but a couple of his most recent projects include being an instructor for the United Nations Children’s Fund (UNICEF) and the director of the HIV/AIDS Education in Africa Program. He has written the curriculum for diversity training of UNICEF officers who are located in more than 30 countries worldwide. The training focuses on cultural competencies when working with individual or cultures that are different from one’s own. This project is one that he is very proud of and described it as “dropping a pebble into the water and you never know how far each ripple will go”.

The second project Dr. Pillay is actively involved in is the HIV/AIDS Education in Africa Program. When he arrived at Ohio University the summer study abroad program already existed and he was invited to co-direct the program with Dr. Mandy Chikemboro who has since returned to Zimbabwe. Dr. Pillay is currently the director of the program and has accompanied students to the University of Botswana. Since his role as the director, the number of counseling students who have participated has increased steadily. Recently, the program has been extended to include the Nelson Mandela Metropolitan University in Port Elizabeth, South Africa (**see article on page 2**). (He believes that there is no substitute for cultural immersion and by providing this educational opportunity for students to be immersed in the African culture transcends the boundaries of a classroom).

Dr. Pillay’s advice to students in the counseling field is to “Be thyself; let counseling be an extension of who you are as a unique human being who will be serving other unique human beings. Effective counselors are professionals who can integrate their personal attributes with the various counseling interventions that they have been exposed to during their academic training.”

## HIV/AIDS Education in Africa

By Kayla Thompson & Chrissy Ward

Dr. Chikemboro started the The HIV/AIDS Education in Africa program in 2005. The program originally took place in Botswana. Dr. Yegan Pillay joined Dr. Chikemboro and became the director in 2008. In 2010 Dr. Pillay visited three universities in South Africa in an effort to expand the program to other southern African countries. The program takes place from early July to mid August, a total of five weeks. Students can earn twelve credit hours in this experience.

The program is open to graduate students and upper-level undergraduate students. Students will be exposed to the HIV/AIDS crisis in South Africa and the current prevention and treatment strategies in place. On average each year ten students participate in the program. Over the last six years an estimated 50-60 students have participated in the program.

The Nelson Mandela Metropolitan University (NMMU) in Port Elizabeth will be hosting the program this summer and students will be attending lectures at the university. In addition to lectures at the NMMU students will be participating in a weekend farm stay, as well as visiting the Kragga Kamma Game Park, Grahamstown Arts Festival, and the ADDO Elephant National Park.

For more information visit:

<http://www.ohio.edu/educationabroad/Programs/SouthAfrica.html>

## Multicultural Research!

By Bethany Fulton

March will find Dr. Yegan Pillay, Natalie Williams, and Bethany Fulton in San Francisco at the ACA conference. They are presenting a 60-minute workshop about the ways supervisors and supervisees can identify, improve and integrate racial identity and multicultural awareness in supervision of counselor education students. Using Helms' 1995 model of White Racial Identity Development (WRID) and works by Dr. Christine Bhat and Dr. Tom Davis, the workshop emerged from a doctoral level supervision course with Dr. Pillay. Caroline Lopez, another member of the team, is unable to attend but has presented with the group over the past year in colloquia, forums, and at All Ohio. Thirty-five percent of submissions for this conference were accepted. The team hopes to continue improving on the awareness of racial identity in counselor education.

## Recognizing Our Own

*Achievements from Counseling faculty, staff and students here at Ohio University*

Many people in the Counseling and Higher Education program here at Ohio University have been presenting, writing and receiving awards. Here are just a few of the many achievements that these outstanding students, faculty and staff have attained:

### National Award Recipients

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Dr. Christine Bhat - Association for Specialists in Group Work 2012 Group Practice Award  
Brad Imhoff - Association for Specialists in Group Work (ASGW) - Barbara Gazda Scholarship  
Natalie Williams - 2011-2012 Leadership Essay Contest: Advocacy as a Professional Imperative, Third Place  
Sanda Gibson - Association for Specialists in Group Work, Peg Carroll Scholarship- \$2000 scholarship!

### National Award Nominations

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Dr. Mona Robinson - National Council on Rehabilitation Education (NCRE) Rehabilitation Educator of the Year Award  
Dr. Yegan Pillay - Association for Multicultural Counseling and Development (AMCD) Exemplary Diversity Leadership Award  
Natalie Williams - Association for Multicultural Counseling and Development (AMCD) Emerging Graduate Student Leader Award  
Caroline Lopez - Association for Multicultural Counseling and Development (AMCD) Young Emerging Leader Award

### Presentations: Past and Future!

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Natalie F. Williams, Katie Kostohryz, Dr. Yegan Pillay, Franchon Francees

- March 24, 2012. CSI sponsored presentation, *HIV/AIDS in Southern Africa: Experiences of Members of the Alpha Chapter of CSI*

Eric T. Beeson

- 2011 ACES: *Legal and Ethical Implications for Beginning Supervisors*

Brad Imhoff

- February 2012: Association for Specialists in Group Work- *Therapeutic value and challenges of group counseling in opioid addiction treatment*
- Presented at All Ohio Counselors Conference 2011 in three separate occasions [More information about these past presentations can be found in our 2011 FALL CSI newsletter]

### Organizations, Proposals, and Outstanding Actions

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Eric Beeson & Laura Pressley - Began Pizza & Proposals, a collaborative proposal initiative for counseling students (See pg 7)

## **Upcoming Counselor Legislation to Watch For! – Chrissy Ward**

**The state is working on two major initiatives that effect people with disabilities and seniors, including (1) integrating the delivery of services for individuals who are dually enrolled in the Medicare and Medicaid programs in Ohio, and (2) combining waivers that serve individuals with a nursing facility level of care. These waivers include: PASSPORT [Pre-admission Screening System Providing Options and Resources Today], Choices, Assisted Living, Ohio Home Care, and Transitions II Aging Care-Out Waiver. (Please note that waivers managed by the Ohio Department of Developmental Disabilities are not impacted by this initiative)**

**For More Information on these laws and counselor legislative advocacy  
Please see:**

[www.naadac.org](http://www.naadac.org)

<http://www.ohmhca.org/legislativeadvocacy.html>

<http://www.counseling.org/PublicPolicy/LegislativeUpdate.aspx>

<http://www.ohiocounseling.org/Default.aspx?pageId=863976>

**Don't forget April 24, 2012 is Legislative Advocacy Day in Columbus!**

By: Marcia Gase

January 14, 2012 marked the 10<sup>th</sup> Walk for the Homeless in Athens, Ohio. This event, sponsored by Good Works, is the nonprofit's largest and main fundraiser. The walk includes many different topics, serving as learning opportunities in different areas, such as mental health, the "recovery walk", and employment challenges for those without homes. CSI members volunteered to help work this event as well as being active participants. A homeless simulation was available, taking the participants into the lives of those without homes. Participants were given few supplies and a list of tasks to Complete, typical for an individual without a home. Tasks included applying for food stamps, finding a place to sleep, and applying for part time work. Events such as the Walk for Homeless offer perspective to those fortunate enough to not have experienced homelessness. Participants are able to develop empathy for individuals struggling to find work, food, or employment. Good Works is involved not only in the Walk for the Homeless, but other projects including the Timothy House, the only homeless shelter in the area, programs for seniors and improvement projects for the community. CSI will be taking part in a Friday Night Supper this spring serving a prepared meal and interacting with local community members.

**If interested in other volunteer opportunities available through Good Works visit their website [www.good-works.net](http://www.good-works.net).**

Community Corner

What is straight? A line can be straight, or a street, but the human heart, oh, no, it's curved like a road through mountains (Tennessee Williams).

Please contact Nancy Baur with any questions about scheduling a SafeZone training for the counseling department during Spring Quarter!

Mrs. Nancy L. Baur M.Ed.  
Graduate Assistant for the Lesbian, Gay, Bisexual, Transgender Center  
Ohio University  
354 Baker University Center  
[www.ohio.edu/lgbt](http://www.ohio.edu/lgbt)  
740.593.0239

"I feel it is a great program and something ALL counselors should have before they get into the field and then revisit once they are there." - Nancy Baur

## Creating a SafeZone

By: Johanna Henninge

On January 20<sup>th</sup>, Nancy Baur and Tiffani Smith, both counseling students as well as members of OU's LGBT center, led a SafeZone training in McCracken Hall to educate students of the Patton College about what it means to be Lesbian, Gay, Bisexual, or Transgender.

During this 2-hour workshop, Nancy and Tiffani asked us about our earliest experiences with people who were attracted to members of their own gender or did not identify with the gender they had been assigned to from birth. We realized that most basic assumptions about the LGBT community learned from friends, family, and the social media were highly simplistic and learned ways to counter such beliefs. Take for example the belief that people who identify as bisexual are just "confused" or that a person who is born a male is going to identify as a male for the rest of his life unless he is mentally ill. The group leaders encouraged us to view both sexual orientation and gender on a continuum rather than as well-defined, exclusive categories.

As a counseling student, I really appreciated this information because it will help me keep in mind how societal and family influences can impact a lesbian, gay, bisexual or transgender client's well-being. As a fellow citizen to folks of the LGBT community I appreciate this new knowledge so I can be a better ally and advocate for their equal human rights.

The LGBT center hosts several SafeZone workshops throughout the school year, all over campus. Sign up for one now by going to <http://www.ohio.edu/lgbt/programs/safezone.cfm>. You won't regret it!

# Pizza & Proposals

Pizza and Proposals is a monthly meeting where students and faculty can gather and talk about their common goals, dreams, and research interests.



I attended the last PnP in February. It was a great place to connect with someone who has similar projects in mind - the information I picked up on how-to's, upcoming conferences, and that everyone can be involved. It was super helpful! I found out that the activities that I am already doing could be put into a proposal.

So if you think you might want to publish a paper, or present an idea, you really don't want to miss these meetings!

Oh, and the Pizza was good too!  
- Chrissy Ward, 1<sup>st</sup> yr Master's student

Here are some examples of presentations and upcoming call for submissions when thinking of proposals:

- ALGBTIC News, the newsletter of Lesbian, Gay, Bisexual, and Transgender Issues in Counseling- requesting submissions for their pre-conference/spring edition of the newsletter  
**Due February 24, 2012**
- Southwest Regional National Rehabilitation Association invites participation in the 2012 Annual Training conference  
**Due February 28, 2012**
- 5<sup>th</sup> International Together against Stigma, changing how we see Mental Illness - invitation for abstracts  
**Due February 29, 2012**
- North Central ACES October 18-20, 2012 - Proposals being accepted now  
**Due March 1, 2012**

These are some examples of proposal submissions talked about during our monthly PnP sessions. For all this and more information, Please visit the website [currently under construction but can be viewed]: <http://sites.google.com/site/pizzaandproposals/>  
Or search "Pizza and Proposals" on Facebook

Co-Leaders: Eric Beeson and Laura Pressley

# CSI Faculty: Dr. Bhat

*Dr. Bhat was recently featured in the CSI National Exemplar. Included is the article written by two of our own Master's students here at Ohio University! – Sharon Musial & Amber Casey*

Dr. Christine Suniti Bhat is an Assistant Professor and Faculty Advisor to the Alpha Chapter of Chi Sigma Iota at Ohio University. Her experiences and investment in CSI are attributed directly to Dr. Tom Sweeney, founding President of CSI and faculty emeritus, Ohio University. His passion for the field of counseling and for CSI shone brightly through his work, and was contagious to each person in the counseling program. She maintains that inspired by Dr. Sweeney, OU's enthusiasm for CSI has never waned, and she is proud to be a part of this wonderful organization. Dr. Bhat has Masters' degrees in Psychology from Bangalore University, India, and Monash University, Australia. She was always drawn towards the helping professions and while working with the Australian military as a civilian psychologist, she realized she wanted to immerse herself in the counseling profession further. She applied to OU's doctoral program on the recommendation of Australian alumni of the program who described it as one of the oldest and most highly regarded programs in the USA. It was at OU that she met Dr. Sweeney and began her journey with CSI.

Upon graduation from OU in 2003, Dr. Bhat became a counselor educator at California State University Long Beach (CSULB). When the opportunity arose to return to OU in 2006, she did so, and she became faculty advisor to the Alpha Chapter of CSI in 2008. She was faculty advisor of the Lambda Beta chapter of CSI at CSULB from 2003-2006. Dr. Bhat loves teaching and mentoring students, seeing students develop and grow as professional counselors and counselor educators. Her involvement in CSI allows her to pour back into student's lives, and be a part of this great organization. Her diverse experience in schools, non-profit organizations, universities, and the military has provided avenues to reach out to many. She has a variety of research interests, the most recent being in the area of cyberbullying.

Continued on page 9...





## Dr. Bhat and Chi Sigma Iota

Identifying a favorite CSI memory was difficult as Dr. Bhat reported there were many. She reflected on the CSI initiation banquet at CSULB in 2004 after the Lambda Beta chapter was reinstated, following 12 years of an inactive status. Being a part of the reinstatement was particularly rewarding, specifically witnessing the excitement and involvement from students. Over the years, seeing the accomplishments of students and mentees in professional publications, presentations, service, and advocacy has been very fulfilling. Dr. Bhat believes that CSI provides a fertile ground for development and advancement within the profession of counseling.

Acknowledging the difficulty of students in balancing the workloads of school, jobs, and other responsibilities, Dr. Bhat explains that students do not need to devote hours and hours to CSI. Her advice to students is to embrace the benefits of an organization like CSI and to see it as an integral part of their training and professional development; they should become involved early to take advantage of the various training, service, and advocacy opportunities available through CSI. Dr. Bhat encourages students to "not try to do everything" but to find an area of interest and get involved. The inclusive ethos in the Alpha Chapter promoted by Dr. Bhat encourages participation from all students, and she notes the importance of maintaining members with diverse career trajectories. She believes it is vital that chapters retain members once they graduate. CSI inspires students to excel in all areas, aids in building leadership skills, and helps people find their niche, but this can only happen if students step up and commit to being active members. Dr. Bhat subscribes to the Adlerian concept of social connectedness; she loves to share the benefits of connecting with students and professionals, both in CSI and her work at Ohio University.

## CSI Newsletter

We would like to have your input for the CSI Newsletter!

- **Health & Wellness:** In order to help others you have to be able to take care of you! For that reason, we would like to have an article in every newsletter on how to stay healthy!
- **Community Corner:** If you have any organization, cause, or group you would like to highlight, we welcome your community input!
- **CSI Alumni news:** If you know of any CSI Alpha alumni who have published books, articles, began projects, or outstanding service, please let the editors know. We would love to highlight them in the newsletter!

If you have any health tips, community ideas, or articles you would like to share fellow counselors, please email the newsletter editors [[amber.d.casey@gmail.com](mailto:amber.d.casey@gmail.com) & [chrissy14311@yahoo.com](mailto:chrissy14311@yahoo.com)]

# Wellness and Counselor Health

By Amber Casey

Let your food be  
your medicine and  
your medicine be  
your food....  
Hippocrates

*Jane E. Myers, Thomas J. Sweeney & Melvin Witmer, in their Wellness Evaluation Approach, define wellness as a “a way of life oriented toward optimal health and well-being in which the body, mind, and spirit are integrated by the individual to live more fully within the human and natural community.” These authors came up with a wellness evaluation that took into account many factors of a person’s overall health, including genetics, nutrition, relationships, physical activity, stress, spirituality and others. If you haven’t taken this evaluation or one like it, it is highly suggested in order to understand what factors make up your overall health!*

*For more information on these authors and the WELL approach, see <http://www.mindgarden.com/products/wells.htm>*

## Small Steps to Achieving Well-being!

### Physical:

- Replace your soda, coffee, or tea with a glass of water
- Take the stairs instead of the elevator!

### Behavioral

- Procrastination: First, why are you procrastinating? Perfectionism, fear, or emotional avoidance?
- Have a big project? Do something little towards that project each day. Schedule out 10-20 minutes for this task.

### Emotionally

- Write down your thoughts, dreams, and ideas in a journal. Replace any negative thoughts with positive sayings or ideas. Re-read them before each day
- Stress management activities – relaxation techniques, yoga, or meditation

For more wellness tips: <http://www.wellnesstips.ca/index.asp>  
<http://cw.uhs.harvard.edu/tools/wellnesstips.html>

# The “Athens Lunatic Asylum”

By Amber Casey

Dr. Katherine Ziff, an alumnus of the Counseling and Higher Education program at Ohio University, has completed a 12-year research project on the Ridges, the facility that was formerly known as the “Athens Lunatic Asylum.” I got the chance to interview Dr. Ziff on her passions, research, and what has culminated into her book “Asylum on the Hill.” Here is a little of what we discovered!

## 1. What inspired you to write about the Athens Lunatic Asylum's history and lifestyle?

Asylum on the Hill is an extension of my doctoral research in counselor education at Ohio University. Twelve years ago when I was considering a dissertation topic, it was actually my mother who suggested a history of the asylum. The research questions that I ended up engaging were very much shaped by 1) my undergraduate work in sociology at the University of North Carolina, which at the time was rooted in human ecology and 2) a graduate degree in public policy from Virginia Tech in which I studied the work of Martin Rein and the idea of storytelling as a form of public policy analysis.

## 2. What did you want readers to come away with after reading your book?

The book goes beyond the traditional debate about whether asylums were built to serve a humanitarian purpose *or* to act as an instrument of social control. The truth is that asylums did both; Asylum on the Hill describes how this dichotomy played out in Athens and it goes further by creating a holistic picture of an asylum in its nineteenth century moral treatment years: patients, politics, landscape, caregivers, architecture. It tells a parallel story of American history in the mid to late nineteenth century - the Civil War, industrialization, the Long Depression, the rise of big public institutions.

## 3. Did you find certain parts of the book particularly challenging while writing it?

The hardest part while working on the dissertation was focusing on a particular research question; someone once described the Athens asylum as a room with a thousand doors. My committee was good at helping me set boundaries and stick to them. My research was sponsored by the Ohio Department of Mental Health as one of their non-funded projects; because of that I was given full access to the very large archive of asylum materials held by Alden Library's Mahn Center for Archives and Special Collections as well as the Ohio Historical Society, including confidential patient records, superintendent's correspondence, case books and so on. So the book contains much information that has never been made public. With this came a responsibility to maintain confidentiality, so patient names are not used, instead using the asylum's system of patient numbers. Two years ago I spent a summer reading hundreds and hundreds of those documents from the nineteenth century, that provided stories of lives of many people who suffered great difficulties. It felt like it was a big responsibility to decide which stories to portray in the book that would represent the many reasons people were hospitalized at the asylum. Then there are the technical things about writing a book, especially learning to use the 956-page Chicago Manual of Style, which is very different from APA style.

# The “Athens Lunatic Asylum” Cont...

## 4. What else (in addition to stories of patients and families) does the book portray?

The book has stories of some of the asylum's early figures: the coal miner from Nelsonville who was committed to the asylum because he was trying to start a labor union; women in Athens who earned extra money by selling their buttermilk, eggs, fruit and plants to the asylum; the adroit political moves of Athens state legislator Dr. William Parker Johnson to secure the asylum for his home town, and Dr. Alonzo B. Richardson, superintendent in the 1880's who went on to a prestigious post as head of St. Elizabeth's Hospital for the Insane in Washington DC.

To know the history of our asylum in Athens is to know the history of our community - the Athens Lunatic Asylum (the first of its many names) played an enormous political, financial, and medical/mental health role in Athens County and southeastern Ohio for nearly a century. At one time it was *the* major employer in Athens and a buyer of vast quantities of goods and services in the area. Its once grand and still beautiful landscape served as parkland and playground for Athens families and children as well as Ohio University students.

The story of the landscape and grounds is woven throughout, from the formation of its terraces above the Hocking River, its religious and psychological significance to Native Americans, its mainly deforested state when it was conveyed as a farm to the state of Ohio for the asylum, and the development of its park, lakes, and substantial agricultural operation, and its beautiful natural state today.

## 5. Any advice for those pursuing a degree in mental health counseling?

I would say in choosing a research topic pick something that feels compelling to you so you will enjoy the process and the work. When it comes to writing, and I hope many counselors will choose to write articles and books, don't wait for that big block of time in which to do it because those are hard to find! A friend gave me Anne Lamott's book, *Bird by Bird: Some Instructions on Writing and Life*. I find it helpful to follow her advice and do something toward my research and writing every day, no matter how small. For example when it came to writing the book, I aimed for three pages a day, so in a week you have a substantial amount of work done. Of course, I am just a beginner in the book writing department, my former professor Sam Gladding at Wake Forest (where I earned my master's degree in counseling), who wrote the Foreword to *Asylum on the Hill*, has fifteen books on his Amazon Author's Page!

To learn more about Dr. Katherine Ziff, and *Asylum on the Hill: History of a Healing Landscape*, Please visit the publisher's webpage: <http://www.ohioswallow.com/book/Asylum+on+the+Hill>

Or Dr. Ziff's blog *Asylum Notes*: <http://www.ohioswallow.com/book/Asylum+on+the+Hill>

**Don't Miss The Ohio University Press's launch for this book! Friday, March 30 on The Ridges. 3-5 pm are self-guided walking tours, 5-7 is a reception at the Kennedy Museum in which all Chi Sigma Iota Members are welcome to attend!**

# CSI On the Move!

Chi Sigma Iota Members have been to many places in the world. If you would like to submit photos of a CSI member in different activities all over the city, state, country, and world, please email one of the newsletter editors!



Natalie Williams – CSI in Africa!

# CSI Event Photos!



Maggie Selander @ Walk for the Homeless



Wait Kid's are Gay?  
Presenter: Nancy Baur [Mehri Davis not shown]; attendee: Natalie Williams, Ahmet Can



Mehri Davis, Nancy Baur, Dr. Christine Bhat



Jonathan Procter, Caroline Lopez, Danielle Giegler

# CSI Events

Upcoming events for CSI:

CSI Chapter Meeting: Thursday March 8, 2012. McCracken 106

Next Quarter Dates to Remember!

April 3, 2012 6:30-8:00pm "If these Halls could Talk" Film Screening in Baker Center Theater

April 20, 2012 4pm-8pm: Good Works Friday Night Supper @ The Plains United Methodist Church

May 10, 2012 and May 16, 2012, Time TBD: Graffiti Wall Promotion for Sue Apple Run

May 19, 2012 8AM- 11AM: Sue Apple Run

**CSI ALPHA CHAPTER**

Faculty Advisor: Dr. Christine Suniti-Bhat

President: Natalie Williams

Vice President: Maggie Selander

Treasurer: Tori Wood

Secretary: Carrie Luce

**Chi Sigma Iota** is an international honor society for professional counselors, counselor educators, and students in the counseling field. Established in 1985 at Ohio University, CSI strives to promote scholarship, research, professionalism, leadership, and excellence in counseling, while also recognizing high attainment in the pursuit of academic and clinical counseling excellence. Members of Ohio University's Chapter (Alpha) are part of a 372 chapter, 77,000 initiated active member organization. Additional information about these chapters and CSI as a whole can be found at <http://www.csi-net.org>.

Committee Chair

**Social Justice/Advocacy: Maggie Selander**

**Fundraising: Tori Wood**

**Advertising/Newsletter: Chrissy Ward, LaKendra Johnson & Amber Casey**

**Professional Development: Eric Beeson & Laura Pressley**

**Social Chair: Natalie Williams**



## SAVE THE DATE! ANNUAL INDUCTION BANQUET!

The Alpha Chapter of Chi Sigma Iota is pleased to welcome Dr. Thomas J. Sweeney, Professor Emeritus of Counselor Education at Ohio University and Executive Director of Chi Sigma Iota to our Annual Spring Induction Banquet. In 1985, Dr. Sweeney founded Chi Sigma Iota, here, at Ohio University. As a renowned leader in the counseling profession, Dr. Sweeney has agreed to return to the Alpha Chapter as an honored guest for our most important event of the year. As a special surprise, he has offered to bring Dr. Jane E. Myers as his guest. Dr. Myers is the founder of the rehabilitation counseling program at OU and internationally respected leader in the area of wellness.

Join us on June 2, 2012, from 6:00 - 8:00 p.m. at the Charles J. Ping Student Recreation Center Lounge for dinner, our induction ceremony for new members, and a keynote presentation by Dr. Sweeney. Music and dancing will follow the banquet. We hope you will join us for this exciting event. Invite your friends! More information concerning RSVP, membership information and other useful banquet information to come at a later date!!