Informed Consent Form

Title of Research: Counseling Students' Professional Identity, Locus of Control, and Help-Seeking Attitudes

IRB number: 22-E-374

You are being asked by a doctoral candidate at Ohio University, Kübra Civan to participate in this research. For you to be able to decide whether you want to participate in this project, you should understand what the project is about, as well as the possible risks and benefits to make an informed decision. This process is known as informed consent. This form describes the purpose, procedures, possible benefits, and risks of the research project. It also explains how your personal information will be used and protected. Once you have read this form and your questions about the study are answered, you will be asked to participate in this study. You may print a copy of this document to take with you.

Summary of Study

This study investigates counseling students' professional identity, locus of control, and their impact on counseling students' attitudes toward professional help-seeking in the United States.

Inclusion Criteria

Participants must:

- be at least 18 years old or older
- be located in the United States when you take the survey

Explanation of Study

This study is being done because the results of this research will contribute to the counseling literature regarding attitudes toward professional help-seeking and may help counselor educators develop the professional identity of their counseling students in a manner most appropriate for their program. If you agree to be in this study, you will be asked to complete an online survey of approximately 15 to 25 minutes. You should not participate in this study if you are not a current student in a counseling master's or doctoral program.

Risks, Discomforts, and Benefits

There is no more than minimal risk associated with participating in this study, and there is no

individual benefit to participation in the study. However, study findings may provide the overall benefit of contributing to the well-being of counseling students and the advancement of research. In the event you experience stress or anxiety during your participation in the study, you may terminate your participation at any time. You may refuse to answer any questions you consider invasive or stressful. If you experience any discomfort, please visit Mental Health resources in your area.

Confidentiality and Records

Surveys are anonymous. Indicating that a survey is anonymous means that we have no way of associating any survey response with the person who submitted that response. We are utilizing Qualtrics to administer the survey, we may set the survey up in such a way that we can issue prospective respondents personalized links, which are used for targeting reminders to individuals who have not yet taken the survey. However, we have no way of knowing which person is associated with which link or with which survey response. Sometimes, we ask questions about demographic traits on our anonymous surveys. These are used to gain additional insight into the data through breakouts by categories such as race, gender, or class year. We will never report data on a single respondent. Research records will be securely stored and only accessible to the researcher. Your study information will be kept confidential by Kübra Civan. For maximum confidentiality, please clear your browser history and close the browser before leaving the computer.

Future Use Statement

Data/samples collected as part of this research, even if identifiers are removed, will not be used for future research studies.

Contact Information

The researcher conducting this study is Kübra Civan. The researcher's faculty advisor is Tamarine Foreman, Ph.D. You may ask any questions you have related to the consent to participation. If you have questions later, contact them via kc581719@ohio.edu , or foremant@ohio.edu. If you have any questions regarding your rights as a research participant, please get in touch with the Director of Research Compliance, Ohio University, (740)593-0664 or compliance@ohio.edu.

By agreeing to participate in this study, you agree that:

- you have read this consent form (or it has been read to you) and have been allowed to

ask questions and have them answered;

- you have been informed of potential risks, and they have been explained to your satisfaction;
- you understand Ohio University has no funds set aside for any injuries you might receive as a result of participating in this study;
- you are 18 years of age or older;
- your participation in this research is entirely voluntary;
- you may skip any questions if you wish;
- you may leave the study at any time; if you decide to stop participating in the study, there will be no penalty to you, and you will not lose any benefits to which you are otherwise entitled.

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