



## Ethical Considerations in Managing and Preventing Professional Burnout

**Speakers:**  
**Dr. Angela Hall**  
**Dr. Sekeria Bossie**



# Webinar

**July 29, 2020**

**Workshop Time:**

3 Clock Hours

*CRCC Pre-Approved*

#60007922811

*ABSWE Approved Provider*

#0674

**COST: \$40.00**

# Schedule

10:00 am - 10:05 am	Sign-In/ Registration
10:05 am - 11:35 am	<b>Training Content</b>
11:35 am - 11:40 am	Break
11:40 am - 1:10 pm	<b>Training Content</b>
1:10 pm - 1:30 pm	Questions and Answers

## SESSION DESCRIPTION

Research shows that helping professionals such as counselors and therapists suffer from high rates of professional burnout. The tendency of counselors to focus exclusively on the problems of others account for the high rates of stress, substance abuse, depression and even suicide in the field. In addition to the personal ill effects of burnout, providing poor treatment for clients as a result of burnout can be considered unethical.

### LEARNING OBJECTIVES:

- Discuss CRC Ethical Code D.1e Professional Competence: Monitoring Effectiveness and D.3a Functional Competence: Impairment
- Discuss ACA Ethical Code for Professional Responsibility: C2d Monitor Effectiveness and C2g Impairment
- Discuss NASW Ethical Code for Responsibility to the Profession: Impairment 4.05a and 4.05b
- Define *burnout*
- Assess burnout (Professional Quality of Life Scale)
- Identify the signs and risk factors
- Recognize physiological and psychological responses associated with burnout
- Characterize the risks associated with counselor impairment
- Explore ways to build resilience to combat burnout
- Build Resiliency Plans (activity)

**REGISTRATION FORM (must be received by July 24th)**

**Register:**

Print and Mail Registration form to:

Dr. Sekeria Bossie  
P. O. Box 680162  
Prattville, Alabama 36068

Register online through Google Forms:

<https://forms.gle/AHLVa8NrFvuS24TT9>

Full Name: \_\_\_\_\_ D/O/B: \_\_\_\_\_ CEU's : ( ) yes ( ) no  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_ CEU Type: ( ) Social Work ( ) Counseling  
City/State/ZIP: \_\_\_\_\_ EMAIL: \_\_\_\_\_  
Agency: \_\_\_\_\_ Amount Paid: \_\_\_\_\_

Training Topic: Ethical Considerations in Managing and Preventing Professional Burnout

Method of Payment: ( ) Money Order ( ) Check # \_\_\_\_\_ ( ) Paypal: Upon receipt of registration, a Paypal link will be emailed.  
*Payable to:* Alabama State University *Memo Line:* Jasmine Marshall Foundation

Signature: \_\_\_\_\_ Today's date \_\_\_\_\_  
*Of participant (age 18 and over)/ Of Parent or Guardian (if under age 18)*

**Refund and Cancellation policy:**

Refunds will not be provided to registrants unless the training is cancelled. In the event a registrant cannot attend a training already paid for a substitute participant may be designated in place of a registrant who cannot attend, or the registrant may apply the funds to a future training.

**Continuing Education:**

Licensed Professional Counselors, Certified Rehabilitation Counselors, Licensed Social Workers and other social service, mental health professionals.

**ADA needs:**

We would be happy to accommodate your ADA needs: please call at least seven days prior to the webinar date.

