

NAMI Athens Speaker Series at The Athens Public Library

1.5 for Social Workers and Counselors

Nurses can submit counselor and social work certificates to the nursing board for full credit.

0.15 CEU's for Athens City School District Teachers

Topic: Bipolar Disorder From the Inside Out

Speaker: Donna Lechleiter, RN



Bipolar disorder - formerly called manic depression - affects between 2% and 4% of the U.S. population, featuring mood fluctuations from periods of deep depression, to normality, to wild mania (including sexual impropriety, ill-considered spending and delusional thinking), it disrupts and frequently destroys the victim's life. A registered nurse who had a twenty-year career in pediatric home health, mental health and hospice, Lechleiter will discuss how this disorder impacted her life, her recovery and her current life as a mom, a mental health activist with NAMI Athens (on the board and teaching Peer-to-Peer), a member of the Athens Photographic Project, president of the Front Porch Project, and as a bible education volunteer.

Date: Thursday, March 23, 2017

Time: 6:30-8:00 PM

Location: Athens Public Library

Address: 30 Home Street, Athens, OH 45701