



American Academy  
of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN™  
Ohio Chapter

**parenting at  
mealtime & playtime**  
*an ounce of prevention • a pound of cure*

# FREE Obesity Prevention Trainings Across Ohio!

The Parenting at Mealtime and Playtime (PMP) team and the Ohio Chapter, American Academy of Pediatrics are excited to bring these regional trainings to you this year! More than 200 child healthcare providers attended trainings in 2016.

The PMP program fuses nutrition and play guidance with the parent-child interaction during meals, playtime and daily structure. The trainings, being offered across the state, provide an innovative, sustainable approach to building healthy habits among birth to five year-olds. Gain resources on:

- Prevention counseling strategies
- Risk assessment skills
- Communications with families about childhood obesity and the importance of early intervention

The training will help providers enhance their obesity prevention skills, with each participant receiving a "swag bag" of resources, compliments of the Ohio AAP. We invite you to learn how to address obesity concerns and start healthy weight discussions.

## **Cleveland**

February 22, 2017  
12:00 – 3:00 pm  
Independence Family Health Center  
8th Floor, Room B  
5001 Rockside Rd.  
Independence, 44131

## **Southeast Ohio**

March 28, 2017  
9:00 am – 12:00 pm  
Athens Community Center  
701 E. State St., Room A  
Athens, 45701

## **Southwest Ohio**

April 4, 2017  
9:00 am – 12:00 pm  
Sabin Hall at Liberty Center  
7539 Haskell St.  
Liberty Township, 45069

## **Northeast Ohio**

April 7, 2017  
12:30 – 3:30 pm  
Summit County Public Health Auditorium  
1867 W. Market St.  
Akron, 44313

## **Northwest Ohio**

April 11, 2017  
12:00 – 3:00 pm  
St. Vincent's Hospital Auditorium  
2213 Cherry St.  
Toledo, 43608

## **Central Ohio**

May 11, 2017  
9:00 am – 12:00 pm  
Columbus Public Health Auditorium  
240 Parsons Ave.  
Columbus, 43215

## Who is Invited?

- WIC Program Staff
- Physicians
- Nurse Practitioners
- Pediatric and Family Practice Nurses
- School Nurses
- Registered Dietitians
- Medical Assistants
- Social Workers
- Community Health Workers
- Office Administrators
- Other Healthcare Providers

MOC Part II and continuing education credits available for eligible participants.

**Register Now: [OhioAAP.org/PMPRegTrain](http://OhioAAP.org/PMPRegTrain)**

**Questions?** Contact Lisa Weston at [lweston@ohioaap.org](mailto:lweston@ohioaap.org) or (614) 846-6258.

