## "There's still time for summer adventure!"

Summer Session II

Special Topics in Counselor Education:

## Adventure Therapy for Helping Professions July 13<sup>th</sup>-17<sup>th</sup>\*

\*In-person times are 9am-5pm; 1 day's absence is feasible with prior arrangement. There are some online components to complete after the in-person experience. This course is 3 credits and contains inperson and online content.

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EDCE 6900 section 105, Special Topics in Counselor Education: Adventure Therapy for Helping Professions surveys the theory, practice, and experience of applying adventure-based interventions to helping contexts in which individual goals are addressed for participants. This course is open to students in helping fields, such as (but not limited to)

Counseling, Education, Higher Education and Student Affairs, Psychology, Social Work, and others.

**Highlights of the In-Person Experience:** 

**Monday, July 13<sup>th</sup>** Breaking the Ice: foundations for group building and adventure therapy

**Tuesday, July 14**<sup>th</sup> Low Ropes, facilitating for individual goals in group contexts

**Wednesday, July 15**<sup>th</sup> Field Trip: Hocking Hills – summer camping for at-risk youth, cultural development models

**Thursday, July 16**<sup>th</sup> Field Trip: Stroud's Run State Park –context varied demonstrations

**Friday, July 17**<sup>th</sup> Field Trip: Hocking Hills – group observations and applied theory