

**AN INTRODUCTION
FOR CLINICIANS**



**STAR BEHAVIORAL
HEALTH PROVIDERS**

Civilian Professionals. *Military Sensitivity.*



Military service can bring stress not just for service members, but also for their families, friends and neighbors. Deployment, reintegration and combat injuries common today can add to the mental and emotional strain. And when those stresses do occur, it is not always easy for those affected to know where they can turn for help.

To address that need, **STAR BEHAVIORAL HEALTH PROVIDERS (SBHP)** — a registry that helps service members and those who care about them locate civilian behavioral health professionals with special training to understand and deal with military issues — has been implemented in Ohio by the Ohio National Guard; the Ohio Department of Veterans Services; The Ohio State University; the Ohio Department of Mental Health and Addiction Services; OHIOCARES; Red Cross of Ohio; the Military Family Research Institute at Purdue University; and the Center for Deployment Psychology (CDP).

For consumers and referring professionals, SBHP houses a unique registry where they can confidentially filter through a list of civilian health providers who have completed particular levels of educational training related to the military. For clinicians, SBHP is a comprehensive resource through which they can gain the training to serve those who serve our country.





Benefits for Professionals

Star Behavioral Health Providers addresses an important need in Ohio. Members of the military and their families are part of a unique mission, speak their own language, and have an increased likelihood of experiencing certain behavioral health conditions such as post-traumatic stress disorder (PTSD) and traumatic brain injury (TBI). Few providers to date have specialized training to deal with them — until now.

SBHP offers you the opportunity to:

- » enhance and deepen your professional skill set by learning more about the unique needs of this population;
- » access training specific to serving military patients created by the respected CDP;
- » receive empirically-based education that supports all branches of the military, including the National Guard and Reserves, veterans, families, and their communities;
- » earn recognition as having received advanced training in behavioral health issues related to the military;
- » be listed on the SBHP website, where you can be easily found by service members, family and others searching for uniquely qualified providers; and
- » earn continuing education units (CEUs) at minimal or no cost.

Training Details

The CDP prepares health professionals to better meet the behavioral health needs of military personnel and their family members. The SBHP collaborators have a shared goal to create a larger network of behavioral health providers who have training specific to military issues.

With the CDP's expertise, SBHP has created a three-tiered training program. Each tier will be conducted by specially-trained teams, and will build upon knowledge from the previous tier.

- » *Tier One* provides awareness about topics specific to the military and an introduction to military culture and information about deployments.
- » *Tier Two* provides education about challenges and difficulties that may present and are often associated with the military.
- » *Tier Three* offers clinical skills that focus on specific empirically-supported treatments to address some of the behavioral health issues facing service members, such as PTSD.

Tiers One and Two are open to other professionals who serve service members and their families. To register for training, visit www.starproviders.org and click on the state of Ohio.



About the Trainer

The CDP offers multiple educational packages geared towards behavioral health providers who treat service members. Curricula is designed to address the psychological reactions of service members and their families throughout the deployment cycle, as well as the deployment experience of uniformed behavioral health providers themselves. More information about CDP can be found at www.deploymentpsych.org.

How to Join the Registry

Licensed clinicians can be listed in the registry by:

- » Completing Tier One training.
- » Applying to the registry and submitting an application on our website at www.starproviders.org. You will be requested to submit a copy of your licensure and insurance coverage. Your application will then be reviewed for inclusion in the registry.

After your acceptance into the registry, you are eligible to attend Tier Three trainings.

The trainings you complete will be included on the registry, along with your location, specialty, credentials, areas of focus, populations treated and more. Consumers will be able to easily locate you as a provider who can meet their needs. And you will begin to enjoy the benefits of membership in Star Behavioral Health Providers.

Ohio Collaborators

OHIO NATIONAL GUARD The Ohio National Guard is an operational force integral to America's worldwide humanitarian and military efforts. As a community-embedded organization, nearly 12,000 men and women of the Ohio National Guard live and serve from towns and cities from across the state.

OHIO DEPARTMENT OF VETERANS SERVICES The Ohio Department of Veterans Services envisions an Ohio that is the best place for veterans, servicemembers, and their families to live, work, thrive, and call home. To achieve that, DVS is working to empower the veteran and military community to lead better lives through services, support, and economic opportunities.

OHIO DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES

OhioMHAS oversees a statewide mental health and alcohol, drug and gambling addiction service system that consists of community behavioral health agencies, 53 county-based boards and six regional psychiatric hospitals. OhioMHAS' mission is to provide statewide leadership of a high quality mental health and addiction prevention, treatment and recovery system that is effective and valued by all Ohioans.

THE OHIO STATE UNIVERSITY The Ohio Brain Injury Program at The Ohio State University is the state lead agency for brain injury planning and policy. The Brain Injury Program has forged strong partnerships with state agencies and community stakeholders to assure that individuals with brain injury and their families have access to relevant information, quality healthcare and an effective system of services and supports.

AMERICAN RED CROSS The American Red Cross offers multiple skill-building opportunities to help service members and veterans – as well as their families and support system – identify and cope effectively with the unique challenges that arise before, during and after a deployment.

OHIOCARES OHIOCARES is a collaboration of state and local agencies supporting the behavioral health of returning OIF/OEF veterans and their families. OHIOCARES' purpose is to enhance the "safety net" community of behavioral health services available for military personnel and their families and to complement the services available through the Department of Veterans Affairs and Vet Centers by linkages with county alcohol, drug and mental health boards and behavioral health care providers.

MILITARY FAMILY RESEARCH INSTITUTE AT PURDUE UNIVERSITY The goal of the Military Family Research Institute (MFRI) at Purdue University is to create meaningful relationships that bring organizations together in support of military families. Working with researchers and practitioners from both the military and civilian communities, MFRI strives to develop outreach and research programs grounded in scientific evidence.

CENTER FOR DEPLOYMENT PSYCHOLOGY The Center for Deployment Psychology is a tri-service consortium funded through a Department of Defense grant from the Uniformed Services University of the Health Sciences (USU). As the Nation's only federal health sciences university, USU is committed to excellence in military medicine and public health during peace and war.





Find Out More About

STAR BEHAVIORAL HEALTH PROVIDERS

For more information about membership, the application process, the training tiers or any other part of the program, please visit our website at www.starproviders.org.

