

# **REALITY THERAPY** INTENSIVE WORKSHOP February 21 - 23, 2015

Saturday through Monday

This workshop includes a discussion of Reality Therapy, Choice Theory, the Counseling Environment, Environment, Procedures, and special applications to schools, coaching employees, and therapy/counseling.

It also includes role play demonstrations of individual and family counseling as well as ideas for using RT in a classroom. Special emphasis is given to the practice of the method by the participants. They will be supervised in small groups by a teacher and practitioner of REALITY THERAPY and will receive individual feedback. They will learn no-nonsense practical skills immediately applicable on the job - including clarification of wants, determining behavioral direction, 7 forms of evaluation, characteristics of plans (The WDEP system of Reality Therapy).

**WHO SHOULD ATTEND:** Anyone interested in helping people more efficiently: therapists, teachers, supervisors, administrators, nurses, counselors, personnel workers, clergy, EAP workers, volunteers in community agencies, psychologists, social workers, corrections workers, etc.

#### ENROLLMENT IS LIMITED PLEASE REGISTER EARLY

QUESTIONS? Call Monday through Friday, 9-5 ET (513) 561-1911

## **CERTIFICATION IN REALITY THERAPY**

This workshop is conducted in conjunction with The William Glasser International and is applicable for certification in Reality Therapy, a process whereby a person is recognized as having completed the 18 month training program. It will serve as a "Basic Training" for those who have not had such a week and as an "Advanced Training" (if there are 6 or more applicants) for those who are already in RT Training and have completed a practicum in Reality Therapy. **Robert E. Wubbolding, EdD,** NCC, BCC internationally known teacher, author and practitioner of Reality Therapy, has taught Choice Theory and Reality Therapy in the United States, Europe, Middle East, and Asia. His contributions to the theory and practice include the ideas of "Positive Symp-



toms", "The Cycle of Counseling", "5 Levels of Commitment". He has also expanded significantly the Procedure of "evaluation." He has written extensively on Reality Therapy including *A Set of Directions for Putting and Keeping Yourself Together, Counselling with Reality Therapy, co*-authored with John Brickell and *Reality Therapy for the 21st Century.* 

He is director of the **CENTER FOR REALITY THERAPY**, professor emeritus of counseling at Xavier University, former Director of Training for The William Glasser Institute (1988-2011) in which he monitored the Certification Process and the Instructor Training Program.

Formerly he served as consultant to the drug and alcohol abuse programs of the U.S. Army and Air Force. He was a high school teacher, a group counselor at a Halfway House for Women, an Elementary and Secondary School Counselor, and a teacher of Adult Basic Education. "He is one of my closest and most trusted associates. I couldn't recommend anyone more highly," Wm. Glasser.

#### ON SITE TRAINING

On site, in-house training is available through the Center for Reality Therapy. Such workshops can be geared to schools, counseling, addictions, resistant clients & students, drug abuse prevention, etc. For more information call Bob Wubbolding: (513) 561-1911.

Center for Reality Therapy 7672 Montgomery Road, #383 Cincinnati, OH 45236 Phone: (513) 561-1911 Email: wubsrt@fuse.net www.realitytherapywub.com

# Suggested Preliminary Readings

In past workshops, participants have requested resource materials in preparation for the workshop.

#### SUGGESTED READINGS:

#### Choice Theory, Glasser Reality Therapy for the 21st Century, Wubbolding

We are offering the above two titles. These books are available as a package at the cost of **\$50.00** (includes shipping & handling). The books will be sent upon receipt of check, money order or purchase order. Please add \$50.00 to your deposit. Be sure to check the box on the Intensive Training registration form. *Thanks* 

**Books by William Glasser** will be available for purchase at the workshop: *The Quality School, Choice Theory, etc.* 

Bob Wubbolding's books A Set of Directions for Putting and Keeping Yourself Together, Counselling with Reality Therapy, Reality Therapy: Theories of Psychotherapy Series, and others will be available for purchase.

The Center for Reality Therapy is approved by NAADAC, approved Education Provider Program 181 for 20 CEH's.

## Mark Your Calendar!

Future Reality Therapy Intensive Training Workshop in Cincinnati, Ohio

> July 18 - 20, 2015 February 20 - 22, 2016

# (20 clock hours of training)

- \* NAADAC (National Association of Alcohol and Drug Abuse Counselors)
- \* The Center for Reality Therapy is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
- \* Approved by the State of Ohio CSWMFTB for 20 CEU's for **Counselors** and **Social Workers**
- \* Alcohol and Drug Abuse Counselors

Theories of Psychotherapy Series

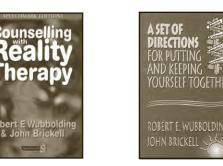
Reality

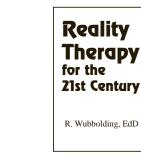
Therapy

Robert E. Wubbolding

ACADEMIC CREDIT: Graduate credit available. Please call for details (513) 561-1911

## A few books by Dr. Wubbolding .....





## Website: www.realitytherapywub.com Email: wubsrt@fuse.net

# 3 Day Program... Miss Only One Work Day.

# February 21 - 23, 2015

PLACE: Holiday Inn, Cincinnati Airport (15 minutes from downtown Cincinnati)

**TIME:** Sat. through Mon. . . 8:30 am - 4:30 pm

#### **LEADER:** Dr. Robert E. Wubbolding

#### **COST:** \$570.00 per person (includes lunch)

**LODGING:** Holiday Inn Airport (\$95/night/room for 1 or 2 people). Call (859) 371-2233 and ask for the "in-house reservationist" to make your own hotel reservation and confirm our discounted group rate of \$95.

**DEPOSIT:** \$100.00 check or \$570.00 purchase order and registration form. The number of participants is limited. Registration accepted on 1st come basis with **registration form** and check or purchase order.

TO REGISTER: Complete and mail form with deposit or Purchase Order or go to our web site: www.realitytherapywub.com to register and send your deposit through PayPal. You will receive confirmation from the Center for Reality Therapy as soon as we receive these materials. Participant's name and completed registration form must accompany a purchase order.

## ADVANCED TRAINING PRE-REQUISITES:

Completion of both Institute approved Basic Training (3 or 4 day workshop) and Basic Practicum.

<b>QUESTIONS?</b>	
(513) 561-1911	
Fax (513) 561-3568	

#### **CANCELLATION POLICY:**

Your deposit will be refunded if you cancel no later than two weeks prior to workshop. If it is necessary to cancel after that you will **forfeit \$25.00** of your deposit for administrative cost.

WEBSITE: www.realitytheral	FLEASE SEND IN REGISTRATION FORM FOR FEMUATY 21 - 23, 2013 WITH DEPOSITY AN MALE TO ADDRESS BELOW OR GO TO OUR WEBSITE: www.realitytherapywub.com TO REGISTER ONLINE VIA PAYPAL, OR FAX FORM AND PURCHASE ORDER TO 1-513-561-3568	A MAIL TO ADDRESS BELOW OR GO TO OUR ORM AND PURCHASE ORDER TO 1-513-561-3568
CHECK LEVEL: 🗍 Basic	<b>D</b> Advanced If Adv., WGI Practicum Supervisor	Phone: ( )
Name: DMr. Ms. Dr. (CHECK ONE)	Degree	<ul> <li>\$570.00 Workshop Fee (includes lunch) Enclosed please find:</li> </ul>
Home Address:City, State, Zip:		\$ Deposit or Purchase Order No
Agency or School:	Job Title:	ŚBalance Due
Address:		☐ Yes. send books \$50.00 enclosed.
City, State, Zip:		
Home Phone: ( )	Home E-mail	Send check payable to:
Work Phone: ( )	Work E-mail	CENTER FOR REALITY THERAPY
If physically challenged, in what way?	٨?	7672 Montgomery Road, #383
What special accomodations do you require? _	require?	Cincinnati, OH 45236
Dietary Needs: contact us al	at 513-561-1911	USA
Vegetarian? YES N	NO Food Allergies	