

The Second of the NAMI/Friends of the Library Lecture Series



A Mother-Daughter Experience with Paranoid Schizophrenia

In 1973, Mom, Sakeenah, was voted Homecoming Queen, received an accounting degree and was married. Before long, however, schizophrenia struck, her marriage fell apart and she went through over a decade of crisis before beginning over two decades of sound recovery. Today Sakeenah is a member of the Board of Directors of NAMI Greater Cleveland. Trained as an "In Our Own Voice" speaker, she has given a large number of talks to various types of groups. Meanwhile, daughter Anika, who experienced her mother's schizophrenia up close from the age of three, stood by her mother during the bad years and eventually became a writer after getting degrees from the University of Pennsylvania (BA) and University of Georgia (MEd). She now owns a consulting firm which focusses on learning and development. In 2011, both did interviews for NAMI segments of "Conversations from Studio B" and, in 2013, they published a book about their experience titled *Love's all that Makes Sense: A Mother Daughter Memoir*.

1.5 CEUs for Social Workers

1.5 LPDCs for Athens City School Teachers

Place: Athens County Library
30 Home Street

Date: May 2, 2014

Time: 6:30 p.m.