

Summer Session I: Special Topics in
Counselor Education:
Evidence Based Treatment

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Counseling and Higher Education



Evidence based treatment is open to graduate students in counseling and related programs, and will apply current research-supported trends in theories and modalities to treatment planning.

This course will flow through 15 online modules:

1. Science & Diversity in Psychotherapy: Important Perspectives
2. Evidence-Based Practice in Psychotherapy: Techniques and Relationships
3. Psychodynamics
4. Core Conflictual Relationship Theme Therapy
5. Interpersonal Therapy
6. Humanistic Theories
7. Motivational Interviewing
8. Cognitive-Behavioral Theory
9. Dialectical Behavior Therapy
10. Multicultural and Diversity Issues
11. Psychopharmacology
12. Co-Occurring disorders
13. Case Management
14. Continuum of Treatment
15. Contributing to Evidence Based Practice

The course will include a brief assignment, online quiz, mini-project, or discussion board (asynchronous) topic for each module above, which are spread over Summer Session I. Students will also collaborate on a “wiki” page which highlights the latest research on each modality covered.

This course includes developing and implementing a treatment plan, reporting and assessing progress of treatment, appropriate referral procedures, formulation of timelines for treatment and knowing the effect on client behavior and the interaction of psychotropic medications and mood altering chemicals in the treatment of mental and emotional disorders.

Students with questions about enrolling in this course, particularly if it is full, should contact Dr. Byrne: byrnea@ohio.edu