

Suicidal behavior is a major cause of death and disability in the United States. Over 30,000 people die by suicide each year, the equivalent of one major airliner filled with passengers crashing every two days. Hundreds of thousands of people are treated in hospital emergency departments each year following a suicide attempt.

A significant proportion of people who die by suicide have had recent contact with a mental health professional. However, many providers are inadequately trained to assess, treat, and manage suicidal patients or clients.

Assessing and Managing Suicide Risk was designed to address that training gap. It teaches essential core competencies that meet the needs of an entire spectrum of mental health professionals, including psychiatrists, psychologists, licensed counselors, social workers, and employee assistance professionals.

Funding for this workshop was made possible through a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) under the Garrett Lee Smith Memorial Act. The views expressed in written materials or by speakers does not necessarily reflect views, opinions, or policies of CMHS, SAMHSA or HHS nor does mention of trade names, common practices, or organizations imply endorsement by the U S Government.

Workshop Dates & Locations

Columbus, Ohio

May 15, 2013

Doubletree Hotel Columbus Worthington
175 Hutchinson Avenue,
Columbus, Ohio 43235
Phone: 614-431-4459

Cleveland, Ohio

May 16, 2013

Embassy Suites Cleveland - Beachwood
3775 Park East Drive,
Beachwood, Ohio, 44122
Phone-216-765-8066

Assessing & Managing Suicide Risk:

Core Competencies for Mental Health Professionals

All Workshops are from
8:30 am–5:00 pm

A one-day workshop for mental health professionals on assessing suicide risk, planning treatment, and managing the ongoing care of the at-risk client.

Sponsored by the **Ohio Suicide Prevention Foundation** by funding from **SAMHSA GLS Grant**, the American Association of Suicidology, and the Suicide Prevention Resource Center.



Workshop Objectives

Participants will gain knowledge in the following core competencies:

- Managing one's own reactions to suicide
- Reconciling the difference and potential conflict between a clinician's goal to prevent suicide and a client's goal to eliminate psychological pain through suicide
- Maintaining a collaborative, non-adversarial stance
- Eliciting suicide ideation, behavior, and plans
- Making a clinical judgment of the risk that a client will attempt or complete suicide
- Collaboratively developing an emergency plan
- Developing a written treatment and services plan that addresses a client's immediate, acute, and continuing suicide ideation and risk for suicide
- Developing policies and procedures for following clients closely
- Implementing the principles of crisis management

Continuing Education Credits

This program has been approved by the National Board for Certified Counselors (NBCC) and the National Association of Social Workers (NASW). The Suicide Prevention Resource Center is authorized to award 6.5 NBCC clock hours and 6.5 NASW CE contact hours.

The Suicide Prevention Resource Center (SPRC) is approved by the American Psychological Association to offer continuing education for psychologists. SPRC maintains responsibility for this program and its content. Participants may receive 6.5 hours of APA CE credit.

No partial credit will be given for partial attendance.

Workshop Components

Assessing and Managing Suicide Risk includes:

- 6 ½ hours of training, comprised of an engaging mix of lecture and exercises
- A 110-page participant manual, including an extensive bibliography and other valuable resources
- A video presentation in eight segments, highlighting the competencies taught
- Journaling throughout the day
- Ample time for discussion

Presenter

Josephine Ridley Ph.D. is a licensed clinical psychologist and Program Manager for the Wade Park Psychiatry Day Hospital. She received a B.A. degree from The College of Wooster, her M.A. and Ph.D. degrees in Clinical Psychology from West Virginia University where she was awarded a W.E.B. Dubois Fellowship. She completed a psychology internship at the Cleveland VAMC with rotations in health psychology, posttraumatic stress disorder, neuropsychology and inpatient psychiatry, and has worked at several sites in the VA. Dr. Ridley has been an adjunct professor at Baldwin-Wallace College and Cuyahoga Community College Eastern Campus, and served on the VA's Psychology Training Committee for 3 years. She is published in the area of anxiety disorders and is currently conducting research on depression. She is a voting member of the VA's Institutional Review Board and Police Evaluation Committee. She is also a member of the Ohio Suicide Prevention Foundation Advisory Committee and is certified by the Suicide Prevention Resource Center as a Trainer of Trainers in Assessing and Managing Suicide Risk.

Everyone involved in the planning and delivery of this workshop is required to disclose any relevant financial interest or other relationship with any of the following: commercial supporters of the activity; manufacturers of commercial products discussed in this workshop; and/or providers of commercial services discussed in this workshop. The faculty and planners of this activity have nothing to disclose.

Registration

The registration is online at:

<http://sprc.cvent.com/ospf13>

The cost for the training is **\$20.00** and covers the participant manual and materials.

Lunch will be provided to attendees.

No walk-ins will be accepted.

REQUIRED – Pre-workshop reading materials will be e-mailed to registrants.

More information

For more information, including a copy of the workshop schedule, contact **Cheryl Holton** at **614-429-1528 ext. 2** or cholton@ohiospf.org

This event will be wheelchair accessible. If you need additional accommodations, please inform Ohio Suicide Prevention Foundation at 614-429-1528 ext.2 or cholton@ohiospf.org.