

ABOUT DR. JAMIE MARICH

Having started her career in human services as an aid worker in post-war Bosnia, Dr. Jamie Marich has since worked in mental health residential treatment, and in chemical dependency treatment as an inpatient, outpatient, and dual diagnosis counselor. Jamie is a contributing faculty member for several online universities, and she offers original workshops for counselors and social workers on a regular basis throughout the United States. Jamie is a national expert on the use of eye movement desensitization and reprocessing (EMDR) in addiction treatment. Jamie is a Certified EMDR Therapist and Approved Consultant through the EMDR International Association, and in 2008, Jamie was the 1st place outstanding poster research winner at the international conference. Jamie has several peer-reviewed publications to her credit on her work with EMDR and addiction. Her first major book, *EMDR Made Simple: 4 Approaches For Using EMDR With Every Client* went on the market in September 2011 (Premiere Education Solutions), and her second title, *Trauma and the Twelve Steps: A Complete Guide for Enhancing Recovery* is slated for release in the Summer of 2012. Her musical recording, *Grace of a Woman*, was released in May 2012.

Dr. Marich provides clinical services through PsyCare, Inc. in Youngstown, OH, specializing in addiction treatment (chemical & behavioral), PTSD/issues related to abuse and trauma, peak performance enhancement, dissociative disorders, spiritual issues (including recovery from spiritual abuse), cross-cultural issues, consultation/mentoring, grief/loss, and group therapy. Much of the enthusiasm that Jamie brings to the counseling setting has sprung forth from her own recovery and experiences with the healing process. Jamie has also been praised by clients and colleagues for her ability to use the creative arts, including music and dance, into the counseling and healing process.

For more information, go to www.jamiemarich.com, www.drjamiemarich.com, www.dancingmindfulnees.com & www.TraumaTwelve.com

Preferred Care Counseling
425 Niles Cortland Rd. SE Suite 201
Warren, OH 44484

Beyond Client, Clinician, & Method: Enhancing Empathy in the Practice of EMDR

PRESENTED BY:
JAMIE MARICH, PH.D, LPCC-S, LICDC

AUTHOR OF *EMDR MADE SIMPLE &
TRAUMA AND THE TWELVE STEPS*



March 8, 2013

6.0 CEU Hours

6 EMDRIA Credits

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425 Niles Cortland Rd. SE Suite 201
Warren, OH 44484
330-856-3975

*Approved Provider, Ohio CSWMFT Board

About the Workshop

Shapiro described the execution of EMDR as an essential interaction between client, method, and clinician. This workshop encourages participants to take Shapiro's thinking a step further. Participants will be able explain what a general literature review of the psychotherapeutic professions reveals about the importance of empathy in treatment. After participating in a series of guided imagery exercises designed to foster empathy, participants will be able to identify with the experience of a new client presenting for and experiencing EMDR treatment. Participants will be able to evaluate one's own capacity for empathy within the therapeutic context and apply it to their own EMDR practice. Special discussions and exercises incorporated to discuss special populations (e.g., children, working with addiction, Veterans, etc.)

WHO CAN TAKE THIS COURSE:

- EMDRIA credits only available to those who have completed a complete, EMDR-Approved Basic Training (contact Dr. Marich with questions)
- At least partial basic EMDR training required to register for this course (contact Dr. Marich with questions)

EMDRIA APPROVAL:

- Dr. Marich is an approved education provider of the EMDR International Association (#10002)
- This course is approved for both live (#10002-3) and distance (#10002-DL2) EMDRIA credits.

LEARNING OBJECTIVES:

- To explain what a general literature review of the psychotherapeutic professions reveals about the importance of empathy and therapeutic alliance in treatment (regardless of specific method)
- To describe the most recent conclusions drawn by EMDR-specific research and writing on the role of empathy and therapeutic alliance in EMDR treatment
- To identify with the experience of a new client presenting for and experiencing EMDR treatment after participating in a series of guided imagery and video exercises
- To evaluate one's own capacity for empathy within the therapeutic context and apply it to their own EMDR practice

AGENDA

Registration	8:00-8:30am
Introductions	8:30-9:00am
Empathy and Why It Matters to EMDR	9:00-9:45am
Empathy and the Therapeutic Alliance	9:45-10:15am
Developing a Greater Capacity for Empathy	10:30-Noon
<i>Lunch (on your own)</i>	<i>Noon-1:00pm</i>
Marich's Qualitative Studies	1:00-1:45pm
Enhancing Your EMDR Practice Through Empathy	1:45pm-4:00pm
-Complex PTSD	
-Children & Adolescents	
-Addiction	
-Open Forum	
Special Populations	

- Preferred Care Counseling's Training Room meets ADA Accessibility Standards
- Lunch is on your own; Preferred Care Counseling is located near several area restaurants

COST OF WORKSHOP:

\$100.00 PER REGISTRATION (workshop only)

Discount of \$85.00 extended if two or more participants register together from the same agency/practice/company.

TO REGISTER:

- Simply call Preferred Care Counseling at 330-856-3975 to reserve your spot!
- Training capped at **25 participants**
- Any registrations above 25 will be wait-listed
- Payment prior to training or on day of training. Cash or check only. Make checks payable to *Preferred Care Counseling*.



Be sure to visit:

www.TraumaTwelve.com

Free audio downloads of guided imagery and meditation activities available