

Introduction to Wellness Counseling & Complementary & Alternative Medicine (CAM) Practices

Friday, January 18, 2013

Ohio Dominican University

(Bishop James A. Griffin Student Center, 1216 Sunbury Rd., Columbus, 43219)

**SESSION 1: *WELLNESS COUNSELING THEORY & CAM METHODOLOGY -
9:00AM-12:00PM***

**SESSION II: *ADVANCED PRACTICAL WELLNESS COUNSELING & CAM
TECHNIQUES - 1:00-4:00PM***

*Workshop session CEUs and coursework may be applied to any participants' future registration in the Wellness Counselor Certification Program.

PRESENTERS:

Dr. Paul F. Granello, LPCC-S

Associate professor at The Ohio State University,
The Wellness Institute Learning Group

David Cunningham, B.S., CCHt.

Center on High, School Director of The Wellness Institute Learning Group
(Wellness Counselor Certification Program)

Counselors, Social Workers, and Graduate Students Enrolled in Clinical Mental Health Related Programs Will:

- ◆ Understand the social and economic conditions that are driving a Healthcare paradigm change to wellness.
- ◆ Learn a model of wellness that can be used as a basis for assessing and counseling clients.
- ◆ Learn how to use a model of behavior change based on curative factors.
- ◆ Learn the categories of CAM modalities as indicated by the National Institute of Health National Center for Complementary and Alternative Medicine.
- ◆ Learn examples of the uses of CAM practices in counseling.
- ◆ Learn about finding CAM providers.

Online Registration (3 or 6 CEUs pending post-program approval):

- ◆ Graduate Student Rate - ½ day \$30.00; full day \$60.00
- ◆ Professional Rate - ½ day \$70.00; full day \$125.00.

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Registration and payment can be completed online at www.infowellness.org