

101 Experiential Techniques for Counselors and Therapists

Mike Gass PhD, LMFT at Barrette Business Center on June 4th, 2012
Walsh University, North Canton, OH

Sponsored by: Child & Adolescent Behavioral Health, Canton, OH and the Walsh University CHD program

Target audiences:

- Counselors/Therapists operating in traditional settings
- Therapists working in non-traditional settings
- Teachers of therapeutic techniques to potential therapists

Learning objectives:

- (1) Learn & practice effective and client empowering methods to help create more effective and lasting functional change.
- (2) Understand the theoretical background, rationale, models.
- (3) Present case studies and contraindications of Adventure Therapy techniques.

Presenter:

Michael A. Gass (Ph.D., LMFT) is a Full Professor and Coordinator of the world renowned Outdoor Education Program in the School of Health and Human Services at the University of New Hampshire. He also is the Research Director for both the Outdoor Behavioral Health Care Research Consortium (OBHRC) (obhrc.org) and the National Association for Therapeutic Schools and Programs (NATSAP) (natsap.org). His latest book, Adventure therapy: Theory, Practice, and Research, is published by Routledge Mental Health. Press.



Schedule

9:00-9:15 am: Intro and logistics

9:15-10:00: Theory of Change—Therapeutic stance—NN Values with neutrality, mobility, curiosity

10:00-10:45: Facilitation Wave/Engagement

10:45-11:00: Break

11:00 -11:45: Experiential cycle—providing feedback and processing

11:45-12:30: Adaptations/matching activities to clinical goals

12:30-1:30: Lunch

1:30-2:15: Inductive approach and framing of experiences/solution oriented processing and goal setting

2:15-3:00: Cultural and facilitation considerations/assessments

3:00-3:15: Break

3:15-4:00: Difficult issues with clients

4:00-4:30: Questions, wrap up and closing

Cost: \$119 Professionals*, \$99 AEE Members, \$49 Students (ID Number Required)

Location: Barrette Business Center, Walsh University, North Canton, OH 44720

330-490-7268 [Campus Map](#) <http://www.walsh.edu/uploads/8-5x11-campus-map-8-11-11.pdf>

CEUs: 6.0

Register today at: <http://www.aee.org/conference/list>

For questions please contact Bobbi Beale, Bbeale@childandadolescent.org

All proceeds of the workshop will be donated directly to the Association for Experiential Education (AEE) ([aee.org](http://www.aee.org))