

## Registration Form

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please Select:

Professional (3 CEU).....\$60.00

Counseling Students/CSI Members..... \$0.00

Total \$ \_\_\_\_\_

Please make checks payable to  
“ETA Chapter Chi Sigma Iota”

**RSVP by: April 20th, 2012**

Mail your registration and check to:

ETA Chapter Chi Sigma Iota  
Beeghly College of Education  
YSU Counseling Program  
One University Plaza  
Youngstown, OH 44555-0001

YSU Counseling Students and Eta  
Chapter CSI Members may attend at  
no charge by contacting Tiffany  
Varney at: [tnvarney@student.yosu.edu](mailto:tnvarney@student.yosu.edu)

ETA Chapter Chi Sigma Iota  
ATTN: Counseling Program  
Youngstown State University  
One University Plaza  
Youngstown, OH 44555-0001



CHI SIGMA IOTA ETA CHAPTER \* YSU COUNSELING PROGRAM

## Assessing and Preventing Problematic Behavior Among Counselors: Advocating Self-Care

**Jamie Carney, Ph.D.  
Amanda Evans, Ph.D.**

Youngstown State University  
Beeghly College of Education  
Thurs., April 26th, 2012  
1:00 p. m. — 4:15 p.m.

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## Workshop Schedule:

*12:45-1:00 Sign In/Register*

*1:00-2:45 Workshop*

*2:45-3:00 Break*

*3:00-4:15 Workshop*

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## Location

This training will be on YSU campus in the Beeghly College of Education, in RM 3322. Directions and a campus map can be found at [www.ysu.edu](http://www.ysu.edu). BCOE is wheelchair accessible. Contact Tiffany Varney [tvarney@student.ysu.edu](mailto:tvarney@student.ysu.edu) for additional accommodations or questions.

## Parking

Parking will be available in the M-26 lot and will cost (\$5) five dollars. A map is available at <http://www.ysu.edu/maps/index.shtml>

## Continuing Education Units

Each workshop has been approved by the Ohio Counselor, Social Worker, and Marriage and Family Therapist Board for 1 hour for **Counselors** - RCX049111

The Youngstown State University Counseling Program (NBCC #3029) is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for the program.

## Topic

### Assessing and Preventing Problematic Behavior among Counselors: Advocating for Self-Care

*Dr. Jamie Carney Ph.D., PCC-S*  
*Dr. Amanda Evans Ph.D., PCC-S*

This session focuses on preparing counselors, counselors-in-training and supervisors in the process of identifying and assessing problematic behavior. Problematic behavior can directly and indirectly influence the counseling process, the development of counselors, and the professional competence of counselors. A second focus on identifying these behaviors in counselors and to aid counselors in identifying this behavior in themselves will be covered. This session will also focus on helping counselors and counselors-in-training to develop and implement self-care models and behaviors. Self-care can be a foundation for counselors and counselors-in-training to address the stress, burnout, and emotional challenges presented in being a counselor. Developing self-care methods can provide a process for counselors to address and deal with these issues, and help beginning counselors develop skills to help foster their own growth and development.

**Objective 1:** To discuss research related to problematic behavior among counselors and counselors-in-training

**Objective 2:** To develop skills to assess and identify problematic behavior.

**Objective 3:** To develop skills related to self-care and self-care personal models.

## Presenters

### About The Presenter

**Dr. Jamie Carney** received her masters degree from Youngstown State University. Dr. Carney is currently the Coordinator of the Counselor Education Doctoral program and Lead Counseling Faculty at Auburn University. She has been recognized nationally for her leadership and has conducted multiple professional training sessions and programs on counselor training and development including assessing counselor development, pedagogy in counselor training, and training counselors to work with special populations (e.g., HIV disease, persons with disabilities).

**Dr. Amanda Evans** is a graduate from Youngstown State University. Dr. Evans is currently the Coordinator of the Clinical Mental Health Counseling program at Auburn University. In addition to her clinical counseling experience, Dr. Evans has completed research and professional presentations on problematic behaviors among counselors and promotion of self-care. This has included work with several professional counseling organizations.



Learn more about the YSU  
Counseling Program at:

<http://web.ysu.edu/counseling>