

Ohio Suicide Prevention Foundation

Eighth Annual Suicide Prevention Coalition Conference

November 29 & 30, 2011

Featuring: Frank Campbell Ph.D.



Dr. Campbell is the senior consultant for Campbell and Associates Consulting, LLC., the past Ex. Dir. of the Baton Rouge Crisis Intervention Center, Inc., and The Office of Clinical Research and Consultation. He is certified in Thanatology, and has a private practice in Forensic Suicidology

Location: Embassy Suites Columbus-Airport 2886 Airport Drive Columbus, OH 43219

With Support From: the Ohio Dept. of Mental Health, and Ohio Dept. of Alcohol & Drug Addiction Services.

8th Annual Suicide Prevention Coalition Conference

You are cordially invited to attend the 8th Annual Suicide Prevention Coalition Conference presented by the Ohio Suicide Prevention Foundation (OSPF) with support from the Ohio Department of Mental Health, and the Ohio Department of Alcohol and Drug Addiction Services. The conference has been specifically designed to meet the needs of new and established county suicide prevention coalitions. This year the conference has a dual emphasis, featuring the Active Postvention Model more commonly known as community LOSS (Local Outreach to Survivors of Suicide) Teams and the SAMHSA Garrett Lee Smith Grant "Ohio's Campaign for Hope – Youth Suicide Prevention Initiative". Survivors of suicide, mental health professionals, social service providers, educators, consumers, family members and others concerned with preventing suicide and saving lives are encouraged to attend the conference.

Participants attending the full conference will be able to:

- ⇒ Describe risk factors and warning signs of depression and suicide
- ⇒ Learn the facts about suicidal behavior that dispel myths
- ⇒ Identify promising programs and interventions to reduce the risk of suicide and help prevent suicide deaths
- ⇒ Identify directions for future suicide prevention initiatives
- ⇒ Utilize knowledge of local and national resources to raise awareness, enhance coalition development and initiate programs to reduce the rate of suicide in their communities
- ⇒ Identify the benefits of active postvention for the community and the emotional benefits of getting help sooner verses later
- ⇒ Demonstrate a broadened view of those impacted by sudden and traumatic loss

Carolyn Givens, Executive Director of OSPF, stated "This conference promises multiple opportunities for County Suicide Prevention Coalitions, survivors, mental health professionals, educators, community stakeholders, parents, veterans, military families and friends and adults serving LGBT youth, youth in foster care and youth in juvenile justice."

Dr. Frank Campbell will provide the Keynote Address on **November 29, 2011** followed by two afternoon workshops. He will highlight the importance of Postvention as a critical strategy for Coalitions to utilize to help support survivors in the immediate hours of their loss. <u>County Suicide Prevention Coalitions are encouraged to bring a (5) member team to participate and receive Postvention/LOSS Team training on Wednesday, November 30 (see LOSS Team Training section).</u>

OSPF will launch the *Ohio's Campaign for Hope* — *Youth Suicide Prevention Initiative* on **Wednesday, November 30**. National and state leaders will join OSPF and other stakeholders in discussing the details of the Campaign and attendees will learn first hand strategies to be used to help restore hope and connect for life for Ohio's Youth. Presenters from Kognito Interactive online Gatekeeper Training, and the National Suicide Prevention Lifeline will be here to share and highlight how they will be partners in the Campaign.

Conference Agenda

Tuesday, November 29

8:30 am Registration and Continental

Breakfast

9:00 am Welcome, Carolyn Givens,

Executive Director, OSPF

9:15 am Morning Plenary

Frank Campbell, Ph.D., LCSW

10:30 - 10:45 Break

10:45 am Morning Plenary Continues

Noon Lunch

1:00 - 2:30 pm <u>Workshops:</u>

1.) Hope and Healing: The Aftermath of Suicide

2.) The Florida Military Family Peer Support Initiative

3.) Comprehensive Safe Schools Act for Improving Ohio's Bullying Policy

2:45 - 4:15 pm <u>Workshops:</u>

4.) What Every Mental Health Professional Needs to Know About Suicide

5.)Suicide, PTSD and Our Soldiers

6.) Crisis Center and Emergency Department Partnerships Panel

4:15 - 4:30 pm Evaluations

Wednesday, November 30

8:30 am Registration and Continental

Breakfast

9:00 am Opening Remarks, Tracy Plouck,

Director, Ohio Department of

Mental Health

9:30 am Introduction of *Ohio's Cam*-

paign for Hope-Youth Suicide Prevention Initiative by Carolyn Givens, Ex. Dir. OSPF and grant

partners:

Kognito At-Risk by Jennifer Spiegler

National Suicide Prevention Lifeline by John Draper Ph.D.

10:45 am Morning Plenary

Noon Lunch

1:00 - 2:30 pm Workshops:

7.) Kognito's At-Risk for High School Educators Online Training

8.) Rise Sister Rise—Evaluating African American Girls Experience of Trauma and Resiliency in Ohio's Communities

2:45 - 4:15 pm <u>Workshops:</u>

9.) Kognito's At-Risk for High School Educators Online Training

10.) Youth Suicide Prevention Panel: Red Flags, TeenScreen and Signs of Suicide

4:15 - 4:30 pm Evaluations

LOSS Team Training - November 30

The Ohio Suicide Prevention Foundation is excited to offer County Suicide Prevention Coalitions a tremendous value. We have worked with Dr. Frank Campbell and he has graciously agreed to offer a full day of Postvention/LOSS Team training on Wednesday, November 30th. This training offers a cost savings to your community of up to \$5,000. OSPF is offering this special opportunity to County Suicide Prevention Coalitions at a cost of \$350.00 per 5 member team.

The full day of LOSS Team training is on Wednesday, November 30th. Training starts at 9:00 am and concludes at 4:30 pm. The cost covers 6 hours of training in the Active Postvention Model by Dr. Campbell, continental breakfast and lunch at the conference for a 5 member team. This cost does not cover hotel accommodations.

This is a promising opportunity for County Suicide Prevention Coalitions, OSPF encourages your participation.

Plenary Presenter



Dr. Campbell is the former Executive Director of the Baton Rouge Crisis Intervention Center and the Crisis Center Foundation in Louisiana, USA. He is currently Senior Consultant for Campbell and Associates Consulting where he consults with communities and on Forensic Suicidology cases. It was due to his more than twenty years of working with those bereaved by suicide that he introduced his Active Postvention Model (APM) most commonly known as the LOSS Team (Local Outreach to Survivors of Suicide). His work with survivors and victims of trauma has been featured in Discovery Channel documentaries.

The APM concept involves a team of first responders who go to the scene of a suicide and provide support and referral for those bereaved by the suicide. The goal has been to shorten the elapsed time between the death and survivors finding the help they feel will help them cope with this devastating loss. The Active Postvention Model has shown to have a positive impact on both the team members (most often bereaved individuals who have gotten help and now provide the installation of hope to the newly bereaved) as well as the newly bereaved. The model has now been replicated in countries as diverse as Australia, Singapore, Northern Ireland, Canada and America.

Campbell also received the Louis Dublin award at the 2010 American Association of Suicidology Conference. Dr. Campbell is a past president of AAS and has received the Roger J. Tierney award for service. He was Social Worker of the Year in Louisiana and the first John W. Barton Fellow selected in his hometown of Baton Rouge, Louisiana, USA.

Continuing Education Credits — Social Work, Counseling, Psychologists & Nursing CEUs and Recognized Clock Hours (RCHs) are pending

Workshop Highlights

- 1) Hope and Healing: The Aftermath of Suicide presented by Frank Campbell Ph.D., LCSW, CT
- 2) The Florida Military Family Peer Support Initiative presented by William O. Donnelly Ph.D. is a project based on the personal experiences of military families and service members in 42 Florida counties. Using a model developed in the aftermath of 9/11 to understand the challenges of first responders, an interdisciplinary team conducted intensive interviews with military veterans and their families to illuminate the signature psychological issues of the OEF/OIF conflicts. Their stories and accounts are recounted in a peer manual providing first-person advice regarding suicide prevention, depression, Post Traumatic Stress Disorder and Traumatic Brain Injury, as well as the challenges of deployment and reintegration. Networking and community capacity building components are integral components of the project, aimed at enhancing the ability of civilian communities to better understand and serve the needs of military populations living in the region.
- 3) Comprehensive Safe Schools Act for Improving Ohio's Bullying Policy presented by Kim Welter from Equality Ohio. This workshop will provide an understanding of the different legislation on under consideration in Ohio.
- 4) What Every Mental Health Professional Needs to Know About Suicide presented by Frank Campbell Ph.D., LCSW, CT
- 5) Suicide, PTSD, and Our Soldiers presented by Josephine Ridley, Ph.D. and Vietnam Veteran, John Logan, Jr. While the overall rates of suicide remain steady in the U.S., rates of suicide in the military have increased. Attendees of this workshop will be exposed to the most recent statistics related to suicide in the veteran and military population. PTSD symptoms will be described and the relationship between PTSD and suicidality will be explored. This workshop will also share evidence based treatments for PTSD and strategies for reducing suicide risk in soldiers.
- 6) Crisis Center and Emergency Department Partnerships Panel, by John Draper, Ph.D., Director of the National Suicide Prevention Lifeline with panelists from Ohio based Crisis Centers. Discuss potential new roles for crisis centers in working with EDs to fill these gaps and improve continuity of care for suicidal patients after ED discharge.
- 7) Kognito's At-Risk for High School Educators Online Training presented by Jennifer Spiegler. Demonstration, questions and answers about the new training available to all Ohio High School teachers online for free thanks to SAMHSA GLS funding.
- 8) Rise Sister Rise—Evaluating African American Girls Experience of Trauma and Resiliency in Ohio's Communities presented by Frances Frazier, M.A. This ground-breaking research project includes more than 400 African American girls from Akron, Columbus, Dayton and Lima, Ohio. In telling their stories of trauma and resiliency, the girls provided important insights about their social relationships, school performance and commitment to learning, the significant adults in their lives, their exposure to violence, satisfaction with their gender and race, about their values and identity, risky behaviors, leisure activities and aggression.
- 9) Kognito's At-Risk for High School Educators Online Training presented by Jennifer Spiegler. Demonstration, questions and answers about the new training available to all Ohio High School teachers online for free thanks to SAMHSA GLS funding.
- 10) Youth Suicide Prevention Panel with presentations by Angela Tucker Cooper for Red Flags, Robert Conkey for TeenScreen and Joy Stitzlein for Signs of Suicide. Each program will be highlighted and panelists will discuss opportunities to combine programs for optimum results in suicide prevention.

Registration

The registration fee for both days of the conference is \$175.00. If you would like to attend only Nov. 29, the fee is \$90.00 and includes CEU's. The cost for Nov. 30 is \$90.00 and includes CEU's. The fee for a 5 member LOSS Team to attend Nov. 30 is \$350.00. Please make checks payable to the Ohio Suicide Prevention Foundation. Complete this form and mail with a check by November 23, 2011 to Ohio Suicide Prevention Foundation, 993 East Main Street, Columbus, OH 43205.

Special Note:

Online registration and payment is available at http://www.regonline.com/ospfseighthannualsuicidepreventioncoalitionconfere The full brochure is on our website www.ohiospf.org and a link to registration is on the website.

Vendor/Exhibit tables are available for \$50.00 per day (non-profit rate) and \$100.00 per day (for-profit rate).

Name
Agency
Address
City, State & Zip
Email
Phone
Fax
Please Circle: Nov. 29 & 30 \$175.00 — Nov 29, \$90.00 — Nov 30, \$90.00 Postvention/LOSS Team Training Nov. 30 — \$350.00 for 5 members Vendor/Exhibit Table - \$50.00 a day non-profit & \$100.00 a day profit

Return Registrations to:

Ohio Suicide Prevention Foundation 993 East Main Street Columbus, OH 43205

Phone: 614-429-1528

E-mail: cholton@ohiospf.org

www.ohiospf.org

Rooms at the Embassy Suites Columbus-Airport are available for this conference at a reduced rate of \$124.00 per night plus tax.

Rooms must be reserved by 11/4/2011.

Please use group code SPC:
Embassy Suites Columbus-Airport 2886 Airport Drive
Columbus, OH 43219

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