

The Wellness Institute of Worthington, Ohio Presents

Spirituality and Meaning: Considerations in the Clinical Setting

Friday, October 21st, 2011

9:00am-12:30pm

Ohio Dominican University (Columbus)

Presenter: Jonathan C. Siehl, M.Div., LISW, The Wellness Institute

Workshop Learning Objectives:

- Participants will learn about and understand why spirituality and meaning has become more recently considered in the mental health field as a factor in optimal health.
- Participants will consider how spirituality and meaning (as a general definition) pertain to wellness as one tries to live a healthy life.
- Participants will learn about the effect spirituality has on our personal well-being as clinicians as well as clients who enter into psychotherapy in the clinical setting.
- Participants will learn about the STAYWELL Program, a holistic stress management group used in medical practice, as a way to address spiritual themes and issues in counseling.

Intended Audience:

- Mental health therapists
- Marriage and family therapists
- Clergy and lay ministers
- Chemical dependency counselors
- Social workers
- Students enrolled in clinical mental health related programs

Registration & Cost - *Please register by Monday, October 17th!*

- Student Registration - \$15.00
- Professional Registration - No CEU Rate - \$25.00
- Professional Registration - 3 CEU Rate* - \$65.00
- Registration and credit/debit card payment can be completed online at WWW.INFOWELLNESS.ORG.

* The Wellness Institute is an approved provider for CEU's for Counselors and Social Workers by the CSWMFT Board (Provider #RCS031102). This day is approved for 3 CEU's total.