



**Society for the
Advancement of Marriage
and Family Counseling/
Therapy at The University
of Akron**

**SAMFC/T
University of Akron, Department of
Counseling
27 S. Forge Street
Akron, Ohio 44325-5007**

**Society for the
Advancement of
Marriage and Family
Counseling/Therapy
at The University of
Akron**

**Understanding
Domestic
Violence**

**Mary Jo
Barrett, MSW**

**Friday,
April 8, 2011**

**Time:
8:00 AM-3:00 PM**

**Location:
Martin Center Ballroom-
The University of Akron**

Mary Jo Barrett, MSW

Mary Jo Barrett is the Executive Director and co-founder of The Center for Contextual Change, Ltd. She holds a Masters in Social Work from the University of Illinois Jane Addams School of Social Work and is currently on the faculties of University of Chicago, School of Social Service Administration, The Chicago Center For Family Health, and the Family Institute of Northwestern University. Previously, Ms. Barrett was the Director of Midwest Family Resource and has been working in the field of family violence since 1974.

Ms. Barrett has coauthored two books with Dr. Terry Trepper: [Incest: A Multiple Systems Perspective](#) and [The Systemic Treatment of Incest: A Therapeutic Handbook](#). She co-created the Collaborative Stage Model (CSM), a highly successful contextual model of therapy used to transform the lives of those impacted by abuse and/or traumatic events.

Her trainings and published works focus on the teaching of the Collaborative Stage Model, systemic and feminist treatment of women, adult survivors of sexual abuse and trauma, eating disorders, couple therapy, Post Traumatic Stress Disorder, and Compassion Fatigue.

Ms. Barrett provides consultations, workshops, courses and other training opportunities nationally and internationally to parents, social service professionals, lawyers, mental health staffs, psychotherapists, residential treatment facilities and governmental agencies. Ms. Barrett founded the Family Dialogue Project, which strives to redefine relationships with families impacted by allegations of abuse and trauma.

"Change happens as a result of the energy that comes from our minds, our hearts, and our souls. Through our relationships, our hope, our ideas, and our passion together we can create that energy that will produce the change." — Mary Jo Barrett

Sponsored By:

SAMFC/T

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of Marriage and Family
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The University of Akron**

Workshop Schedule

- 7:30-8:00 Registration & Welcome
- 8:00-11:00 Morning Session
- 11:00-12:00 Lunch/Poster Session
- 12:00-3:00 Afternoon Session

Please specify any special meal requests (i.e. vegetarian or gluten free) on your registration brochure.

Continuing Education Units

6.0 CEUs for counselors, social workers, and marriage and family therapists have been approved by the Ohio Counselor, Social Worker and Marriage & Family Therapist Board.

The Society for the Advancement of Marriage and Family Therapy/Counseling is a registered student organization of The University of Akron. Registration shall not be construed as approval, endorsement, or sponsorship by The University of Akron of the student organization's publications, activities, actions, or purposes.

Workshop Description

This workshop will provide participants with a greater understanding of domestic violence, as well as how to make an impact for change within the systems it disrupts using the **Collaborative Integrative Stage Model**. This workshop will present a practical three stage contextual model that will provide clear principles for gathering information, structuring your treatment, and helping you integrate theoretical models and modalities. Participants will be armed with an arsenal of tools for uncovering traumatic origins, negotiating intimacy, creating and respecting boundaries, empowering emotional safety, developing survival skills, conflict resolution, meeting the needs of both partners as a couple, as well as those of family members and individuals. Clinicians will understand which interventions to utilize at the most appropriate moments in treatment.

In Stage One, you'll learn how to create the context for treatment through assessing strengths and vulnerabilities, creating safety and the importance of acknowledgement. In Stage Two, the action mode, the focus is on which techniques and interventions to use for particular symptomatic patterns of behaviors and feelings. Then in Stage Three, you'll learn the most effective ways to help clients consolidate their gains and prevent relapse. Families, couples, and individuals enter therapy after a traumatic event, current abuse, or childhood abuse, with a wide array of symptomatic behavior. The difficulties affect every aspect of their lives. We will explore the multitude of variables that contribute to and create the difficulties. Using up-to-date interventions which integrate neurobiological interventions, Attachment Theory, Cognitive Behavioral Approaches and family systems, you'll come away with a realistic and practical method to organize your treatment that will enable you to handle a wide range of therapeutic situations that are applicable to your own theoretical model for change.

Workshop Location

The University of Akron- Akron, Ohio Martin Center (Ballroom)

Directions to the University of Akron Martin Center

From the South: Take I-77 North to Route 8. Take the University of Akron exit marked Buchtel/Carroll St. Turn left onto Buchtel and right on Fir Hill; the Martin Center is on your right.

From the East: Take I-76 West to Akron. Take the right fork off I-76 West to Rt. 8 North. Take the first exit off Route 8, Buchtel/Carroll St. Turn left onto Buchtel and follow above directions.

From the North, taking I-77 South: Merge onto Route 8 North and follow the above directions for "From the South".

From the North, taking Route 8: Exit at Perkins St., continue south on the service street (Goodkirk St.), then right onto Forge and left on Fir Hill; the Martin Center will be up on your left.

From the West, taking I-76 East: Follow the above directions for coming "From the North, taking I-77 South".

Free parking for workshop attendees will be in the spots directly to the Martin Center's south, east and north.

**For a University of Akron campus map, go to
<http://www.uakron.edu/>**

Registration Form

To pay by check, please make checks out to The University of Akron and mail to the address at the bottom of this form.

-Thank You

- | | |
|--|------|
| <input type="checkbox"/> SAMFCT Member | \$25 |
| <input type="checkbox"/> Student (w/valid university ID) | \$35 |
| <input type="checkbox"/> Professional | \$80 |

Total \$ _____

Name _____

Address _____

E-Mail _____

Phone _____

Amount Enclosed \$ _____

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