# Keynote Presentation by John R. Jordan Ph.D.



John (Jack) R. Jordan, Ph.D. is a licensed psychologist in private practice in Wellesley, MA, and Pawtucket, RI, where he specializes in working with loss and bereavement. He is the founder of the Family Loss Project, a research and clinical practice providing services for bereaved families. He has specialized in work with survi-

vors of suicide and other losses for more than 30 years.

Dr. Jordan maintains an active practice in grief counseling for individuals and couples. In addition, he has run support groups for bereaved parents, young widows & widowers, and suicide survivors. He is the Clinical Consultant for Grief Support Services of the Samaritans in Boston, where he is helping to develop innovative outreach and support programs for suicide survivors.

Dr. Jordan is also the Professional Advisor to the Survivor Council of the American Foundation for Suicide Prevention (AFSP). He was the recipient of the Association for Death Education and Counseling (ADEC) 2006 Research Recognition Award. Dr. Jordan also received funding in 2004 from AFSP to begin a research project on the types of support and services needed by suicide survivors. He has also been working for several years on a research project to develop a new measurement scale to help clinicians identify individuals at risk for complicated mourning.

Dr. Jordan has published numerous clinical and research articles in the areas of bereavement after suicide and support group models, and loss in family and larger social systems. He is the co-author of <u>After Suicide Loss:</u> <u>Coping with Your Grief</u>, and <u>Grief After Suicide:</u> <u>Understanding the Consequences and Caring for the</u> <u>Survivors.</u>



Ohio Suicide Prevention Foundation

325 Stillman Hall, 1947 College Road Columbus, OH 43210

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### **Session Descriptions:**

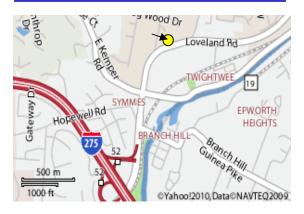
#### Session I & II: "What Makes Mourning a Death by

Suicide So Different?" The loss of a loved one to suicide can be devastating and often very different from other types of losses. There are many aspects of grief after suicide that may make the mourning process very difficult, including the feelings of shock, guilt, rejection, and social stigma that may follow. This talk will address some of the ways that mourning after suicide may be different for individuals and families. It will also discuss activities that suicide survivors (those who are grieving a loss to suicide) can do to help themselves recover, resources that are available, and realistic expectations for what the healing journey might look like for survivors of suicide loss.

Session III: "Restoring Hope: How Others Have Sur-

vived Their Loss" Survivor Panel Discussion: Each survivor of suicide loss must find their own healing pathway through the intense grief that may follow. Yet there are many things that survivors can learn by listening to the experiences of others who are living with the same traumatic loss. The panel members will talk about their experiences, their methods of coping, and their suggestions for new survivors. They will also address the longer term changes that have emerged as they have worked to come to terms with the suicide of their loved one and to rebuild their lives in the aftermath. Time for questions from the audience will also be included.

The Ohio Suicide Prevention Foundation would like to thank our coalition partners: Tri-State Suicide Prevention Coalition and the Hamilton County Suicide Prevention Coalition for their assistance in coordinating and hosting this conference.





**Ohio Suicide Prevention Foundation** 

# Restoring Hope - For Survivors of Suicide Loss



### Date: Thursday, May 5, 2011

Receptions of Loveland 10681 Loveland-Maderia Rd Loveland, OH 45140

With Support From: Ohio Department of Mental Health and Ohio Department of Drug & Alcohol Addiction Services

### Restoring Hope: A Conference For Survivors of Suicide Loss



You are cordially invited to attend the 4th Annual Conference for Survivors' of Suicide Loss presented by the Ohio Suicide Prevention Foundation with support from the Ohio Department of Mental Health, and the Ohio Department of Drug and Alcohol Addiction Services. This oneday conference has been specifically designed to offer solace to survivors of suicide loss, to help survivors develop resiliency, to help survivors make meaning out of their loss and to help survivors engage in positive action.

Expected outcomes for this conference are to:

- Let attendees know what is normal grieving for survivors, and to authenticate that there is a reason for their complicated grief
- Engage survivors in understanding what "resiliency" means in the experience of mourning
- Provide a sense of meaning making for both new and veteran survivors
- Engage survivors in some positive action, to help change the survivor's worldview.

### Continuing Education Credits 2.0 (CEU's/

RCHs) have been applied for and are pending.

Scholarship Information: A limited number of scholarships are available for survivors of suicide. Recipients will receive free registration. To apply, please check the scholarship request box and briefly describe your need for scholarship assistance on a separate sheet of paper.

Scholarship Request

# Program

- 8:30 am Registration & Continental Breakfast
- 9:00 am Welcome and Introductions Carolyn Givens, Executive Director, OSPF
- 9:15 am Session: I

What Makes Mourning a Death by Suicide So Different? Keynote Presentation by John R. Jordon Ph.D.

- 10:20 am Morning Break
- 10:30 am <u>Session II</u>: Keynote Presentation Continued
- 11:45 am Networking Lunch
- 12:30 pm <u>Session III</u>: **Restoring Hope** Survivor Panel Discussion
- 2:00 pm <u>Session IV</u>: **A Time for Making Meaning from Your Loss** Tracks I & II:
  - I. For newly bereaved or those who have never attended a support group
  - II. For those who have been struggling with "Why" for a longer period of time, feel more reconciled in their grieving, or are working on discovering new meaning in life. Each group will work with a therapist who will facilitate exploration of the meaning of the loss through the one of the artistic forms listed below.
    - Creative Written Expressions
    - Creative Artistic Expressions
- 3:30 pm Closing Ceremony
- 4:00 pm Turn in Evaluations and

have a safe trip home

Questions Contact: Cheryl Holton 614-688-4480 or Holton.32@osu.edu

## Registration

The registration fee is **\$50.00** and includes continental breakfast, lunch and breaks. Please make check or purchase order payable to the Ohio Suicide Prevention Foundation. Each registrant must complete a registration form and select an afternoon breakout session. Complete this form and mail with a check or Fax with purchase order before May 2, 2011 to Ohio Suicide Prevention Foundation, 325 Stillman Hall, 1947 College Rd., Columbus, OH 43210 or Fax to 614-247-6173.

Name		
Address		
City	State	Zip
Email		
Phone	Alt. Phone	

#### Track I Group

For newly bereaved or those who have never attended a support group. This group will be led by Dr. Jordan.

#### Track II Groups

For those who have been struggling with "Why" for a longer period of time, feel more reconciled in their grieving, or are working on discovering new meaning in life. Each group will work with a therapist who will facilitate exploration of the meaning of the loss. (Choose a group:)

Creative Written Expressions
Creative Artistic Expressions

#### Return Registrations to:

### Ohio Suicide Prevention Foundation

### 325 Stillman Hall, 1947 College Road Columbus, OH 43210

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