



The Gestalt of Addiction:

A Developmental Relational Model of Addiction Treatment and Recovery

Dates:

April 22-23, 2011

Times:

Friday, 1:00pm-7:00pm

Saturday, 9:00am-6:00pm

Continuing Education:

12.5 hours of instruction

Fee:

\$225.00

Registration:

Register online at

www.gestaltcleveland.org

Or by phone at

[\(216\) 421-0468](tel:(216)421-0468)

The addict's dilemma is that the process of managing his/her experience and the environment through using drugs no longer works. What was once a mode of managing experience (intoxication) has now become the experience that must be managed. In order for the successful transition from this old pattern (or gestalt) to new choices, skills and awareness must be developed. Abstinence is the foundation of recovery, followed by developmental stages based in an increasing repertoire of behaviors.

In this workshop we will explore the developmental stages of addiction and of recovery from the perspectives of self modulation and relational contexts.

The structure of the workshop will be theoretical presentation, experiential exercises and opportunities to practice skills in small group configurations.

Faculty:

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