

# What is TOUCH DRAWING?

An expressive arts technique, Touch Drawing is done with the hands to make marks on paper placed over a surface of paint. The resulting impressions are seen on the other side of the paper as lines flowing directly from the fingertips.

Touch Drawing is used therapeutically as an adjunct to psychotherapy; for coping with grief, loss, and chronic illness; processing trauma; stress management; recovery from depression, spiritual practice, hospice patients and families; stroke survivors; and to support pregnancy. In schools Touch Drawing supports social/emotional needs of children and children with special needs. For more information about the technique see www.touchdrawing.com.

### Who SHOULD ATTEND?

This workshop is open to counselors and other professional caregivers such as therapists, social workers, school counselors, child welfare workers, nurses, activity therapists, birth workers, pastoral counselors, physicians, massage therapists, and teachers including teachers of children with special needs. For further information about Touch Drawing please see www. touchdrawing.com, website of TD inventor Deborah Koff-Chapin.



#### FEES

By October 20: \$25.00 After October 20: \$35.00

All materials included in fee and no art experience needed!

## Continuing Education Credit FOR COUNSELORS

This workshop is approved for four hours of continuing professional education for Counselors by the Ohio Counselor, Social Worker and Marriage and Family Therapist Board, approval number MCX120901.

## About the **FACILITATOR**

Katherine Ziff, Ph.D. is a licensed professional counselor and an elementary school counselor. She has practiced Touch Drawing for ten years and studied with TD inventor Deborah Koff-Chapin.

### QUESTIONS?

#### Contact:

Katherine Ziff: katherineziff@aol.com; 740-591-3268, or Kennedy Museum of Art: 740-593-0953

#### TO REGISTER

please mail this slip and a check to Briarwood Studios LLC to:

Katherine Ziff 68 Briarwood Drive Athens, Ohio 45701

NAME		
ADDRESS		
CITY	STATE	ZIP
EMAIL		
KIND OF WORK YOU DO		

YES, I WANT TO RECEIVE 4 HOURS OF

