

## ALPHA PHI OMEGA'S NATIONAL SERVICE EVENT: Suicide Prevention Week

November 6<sup>th</sup> through the 10<sup>th</sup>

## It's not just about helping only yourself, but your friends too.

Counseling and Psychological Services Hudson Health Center, 3rd Floor

## 740-593-1616

**National Suicide Prevention Hotline** 

1-800-273-8255



On average, 1 person commits suicide every 16.2 minutes.

Each suicide intimately affects at least 6 other people.

Suicide is the 10th leading cause of death in the US for all ages.

Most suicidal individuals desperately want to live; they are just unable to see alternatives to their problems.

Nationally, suicide rates among youth (ages 15-24) have increased more than 200% in the last fifty years.

Nearly 30,000 Americans commit suicide every

Over 50% of all suicides are completed with a firearm.

Suicide is the second leading cause of death for college students

Females are more likely than males to have suicidal thoughts.

Suicide occurs across all age, economic, social, racial and ethnic boundaries

